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# THE GLOOM AND THE RAY 

## A COLLECTION OF POEMS

Gill Oluwatosin Adekannbi

## THE GLOOM AND THE RAY

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## Preface

A lot of inquiry has gone into interrogating ancient Greek and Latin literature in terms of reception, adaptation, interpretation and representation from the critical perspectives. Classical Reception, a rapidly developing field of research, has influenced the thoughts of scholars in different fields of studies to the extent that the perception of issues in modern cultures is illumined by many ancient concepts. Situated within a largely Classical milieu, The Gloom and the Ray (Tenebria et Raia) portrays life as a coin which can flip at us its dark and bright sides. Overall, it is an attempt to revitalise the classical tradition which should be an integral part of the learning culture in ivory towers especially.

As with every creative exercise, there always are inherently the beautiful imperfections. The author fully understands and appreciates this fact. Hence, the attempt to interweave allusions of classical origins with those drawn from Biblical and Yoruba cosmological allusions should be seen as a creatively conscious innovation towards preserving the classical tradition. The author therefore hopes that the manner of couching the imagery may be seen for what it is intended: a novel attempt to reach a wider audience in a contemporary society where everyday happenings can hardly be divorced from the mythological events from which it has so distanced itself, wittingly and unwittingly.

This collection, containing fifty poems, is a revised edition of THE GLOOM AND THE RAY that was published in 2000. Many of the poems as found in the first edition have been embellished with some completely transformed. New poems were also added to this revised version as a breath of freshness. Freshness to this edition is also its division into sections or parts based on content and thematisation that collectively explore the modes by which notions and experiences of classical origins manifest with poignancy as commonplace beliefs and events in our contemporary world. Part one, "Enduring Hope" has 13 poems, themes as it explores theme. The second section, "Leadership Woes", has 12 poems which delve largely into crisis in governance. Section three, "Time and Tide", with another 12 poems, speaks different sides of socio-religious issues. The last 11 poems of section four, "The Ray Triumphs" imbue all sense of ultimate victory. In the subsequent paragraphs of this preface, examples of such intersections of ancient themes which recur in the interpretation of current issues are highlighted to give readers a glimpse into the pieces of poems in this edition.

The Roman belief in omens speaks well to the dark side of human life, that fear of the unknown. Similarly, the activities of ambitious politicians in Africa who seek power by all means often evoke scenes of violent gladiatorial shows in Rome; while the lives of greedy leaders who 'devour' the purse of the state bring to mind how the exploitative Roman upper class merged the lands of the impoverished citizens together and turned them into
latifundia (large farm estates). Sallust's Jugurtha epitomises the havoc corruption wreaks as the demagogues' desperate quest for power in the base court of the people mirrors the mounting woes of the people. Plutarch's Life of Nicias, beyond presenting a story of a military misadventure in Athenian history, furnishes an example of precarious leadërship by a General whose rootedness to superstition brings about a downfall when stratagem should have displaced contortions of fear.

It may be general knowledge that 'January' is derived from 'Janus', the Roman god associated with beginnings and endings. In the past, it was reminiscent of the festivity at the beginning of a Roman year, a time that was sacred to Janus. Today, Janus still visits many homes, as it were, on the first of January. Sana mens in corpore sano' (a sound mind in a sound body) which usually connotes physical wellness as the outcome of seeking medical help, may also leave the thought that 'a sound mind' is a desirable product of physical well-being. In other words, the treatment of the body must also be most agreeable to the mind. The ancient Hippocratic Oath still impresses on medical doctors the need to use their knowledge and training to attend to the patient, the classic connotation of one who is 'suffering' (patior) as well as in need of the help of a sympathetic doctor who can dignify him or her as a guest (hospes) at the hospital.

Helen, Menelaus' wife, inspires lines on the snares of a beautiful but fickle minded woman. Zeus' escapades when
he elopes with charming Europa to the island of Crete provide insight into the psyche and subliminal motivations, not only of kidnappers, but also that of rapists even in 'the holy place' who portray themselves as angels simply to get the better of the fairer sex without any regard for age or vulnerability. Like Zeus, who plays on Europa's naivete, appearing in the form of an extraordinary bull in order to deceive her, regaining his human form, and then violating the hapless princess, these ones manifest degrees of perversion concealed in deceptively innocuous overtures. In the Nigerian filmic context, the playboy character popularly dubbed "Yoruba demon", the euphemism for purported ritualists who are said to prey on young maidens, is but one among numerous associations that can be drawn from the classical allusion of Zeus and Europa. To the universal context, that the name Europe is derived from Zeus' abducted bride-Europa- is another significant association from the allusion. Could we construe the new highs and lows of socio-political and socio-economic crises emanating from Europe and spreading like cancer to other parts of the world as mere coincidences or renewable parallels? Well, the argument is best left open to imagination.

The Erinyes or the Furies, deities of torments, are usually depicted with snake-like hairs and eyes dripping blood. The menacing appearance mirrors the wanton relish they derive as they punish retributively for 'all crimes' by grotesquely tormenting the culprit. The hideous torment
can be likened to the pain and misery meted out by modern day terrorists who conceal their sadism behind the mask of punitive ideologies that are used to justify dastardly acts of terror committed with impunity. The Martial Festival brings to mind the period of incessant military coups and uprisings, intermittent civil wars, increasingly endless factional strife, inter and intra ethnic disputes and feuds, hate crimes and religious violence common to Africa, Asia and beyond. The hunter-poet, Pliny, the Elder, relieves with some lines on the naturalist atmosphere that is best suifed for a creative work which the Fulani boy evokes as he plays music in the company of his droves. Nemesis portends the uneasy blending of joy and sorrow, the presence of misery in the midst of prosperity that leaves man with no uninterrupted happiness. There is the allusion to Asclepius, the ancient great physician and surgeon, who was determined to bring relief to the human endless search for a cure to all sorts of grievous ailments. Yet, Philippides, with the cheering news of victory, sets all his eyes on Athens from Marathon and, to the last drop of his blood, he epitomises endurance in the course of honour.

The climax is heralded by the Chorus, signaling tentative expectation, a dangling between despair and a longing for hope for our globalised city space with growing challenges defying that clear-cut panacea. Thus, gliding towards Catharsis or purgation after engaging the tropes, imagery and allusions drawn from the classical age, the Holy book and the Yoruba worldview is a logical way to conclude this
collection of poems which adopts 'experimental' thematization. To make for the ease in penetrating mythical events in particular, there is the inclusion of intext footnotes to help the reader achieve a literary and exploratory reading experience. In the course of attaining those goals, the author believes that the reader will also gain insight into classical learning, and be left with a consciousness that would usher in the ray of triumph over the gloom, that gloom, whatever its appearance; the waiting for relief that is sure to come along with the 'Lord of Oils'-the Balsam in Gilead!

## Part 1

## ENDURING HOPE

## 1. Hope

Our woes
Arrows from our foes
Cascading tidal waves
In the throes of sorrows
Eyes stare at tomorrow
Darkness triumphs over light
Beyond Goliath's might? ${ }^{1}$
Dread exists no where
When zeal matches as a martyr
Never to be weary like a tire
Hope retires with the fading full-moon
In the strength of the blooming dawn
Enclosing gloom
Thunders doom
The clouds on the horizon darkens
Gathering storms of tears
Flickering rays
Dampening days
We refuse to stagger
Goaded by brimming hope
Resisting a submission to rope

[^0]
## 2. Where is the Guardian Spirit? ${ }^{2}$

Figurines of Lares ${ }^{3}$
Treasures of the cupboards
The forbears still carry torches
At nuptial games
Honoured in anniversaries
Bequeathing on birth day
Wishes, gifts and songs
The spirit of vigilance
Pervasive, hovering over
From the cradle to the grave
To repulse mis-fortunes ${ }^{4}$

[^1]Leaving countless puzzles
Where do you fix attention?
When drought visits
Where do you place interest?
Does misery come in your siesta?
O Lares, behold afflictions
Making cries to soar high
And Whys descending
Your votive
A statute of immanence
The song of young and old Filling the air constantly
Bewails of promise miscarriages
Lamentations of interrupted joys
Questions rise everywhere
Bumper is the harvest of whys

[^2]
## 3. Ode to Jerusalem

Even after Masada ${ }^{5}$
A song I sing
For you I sing
O Jerusalem! ${ }^{6}$
Darling Jerusalem
From the Artic to the Amazon
From the Sahara to the Everglades
You tower above the heights .
Above the peak of peaks
My hand I raise in haste
The right and strong hand
I stretch it for you, oh Zion!
I deride food of shame
Awful banquet set before me
By swarming fans of gluttony
Eating the meal of tomorrow

[^3]Saying aha, aha as I stumble
But I rise, to undaunted position In the strength of Judge of all Charming Zion, splendid splendour Entrances my resolute heart Arrests my resilient soul
By thy brilliant constellations Beloved city of the great kings Your unfading beauty and radiance Makes me daily a joyful captive
My eyes glued, mouth ever agape Weightless and sleepless, all day long
At the sight of your magnificence Eternal in glory, beloved Jerusalem You triumph against king's enemies
I dare all and proudly boast
Your light shall lead forever!

## 4. Eclipse of the Star

Your beaming smile Ushers in the dawn
And with a shrill voice
You utter good morning
To a crowd chanting hope Joy illumines new abode Sole horn for the dynamos ${ }^{7}$
The fountains of prowess
Great overflow for new gem
From Centuries' trees, shelters
Whence then the viral foe?
Legions ${ }^{8}$ pouncing on vitality
One and then the other
Now the berceuse from Hades ${ }^{9}$
For the timid snow-heads
As the sky hastens to turn dark
Strangely you are strong

[^4]Your head no more dejected The summoned solace comes Strength to go on springs up.

## 5. Release

Good! The fruit turns sour Bitter leaves of garden plant Sooth the yearning palates So well feels the farewell Sweet indeed the great pain It comes at the swift escape Of love in deep sore distress An outstay of prized welcome From heart in dismal bondage Already singing innocent blues
In taking daily allegiance oath
No advocate would plead
A course nobler and more just
Just once comfort, quick succor
Release! Release! Release!
Throw behind of a masquerade Of pieces joined by a fashioner
Cast aside portion of yesterday Forgone like forgotten ancestors Those measuring upon measure Commands then, demands now The gates presently wide open Grand departure's very long due Shut-up heat quits for breeze Allies join jolly celebration Loyal and beside to say bye-bye To plaster the wounds, to heal Gather together scattered bones

Rebuild dented weary frames
Restore networks of muscles
Strained by pointless struggles
Weakened in fight over words
No one can tell the story better
Night muses over faultless dreams
Safely closing eyes, bringing sleep
At last, free, set free
From all anxious care
Over vexing Quadratilla ${ }^{10}$
The exit of pungent affection

[^5]
## 6. Nocturnal Flight

They cross six rivers
And then another seven
Respite beckoning at a distance
Eight mountains swiftly evolves
Yet, ebbing energy is summoned
Men forge ahead with hopes
Since Hercules ${ }^{11}$ completed tasks
Descending and ascending
Contemning unending valleys
Loyal panorama begins to fulfil
Promise of relief for weary souls
In the sight of desirable terminal
Where somnus ${ }^{12}$ valiancy endows
Now the militants lay the ambush
Winged creatures, Pteroids
With famous loathsome songs
Brandishing weapons
Making infusions
Bringing dread to nocturnal treat
With sudden profane transfusion
The obnoxious gift for the helpless

[^6]Heading back to the tropical sun With pitiable battered body Clambering more hills, more Alps After awful plaguing encounter Of harrying midnight flight

## 7. Dirge for the Fallen Flesh

O mighty Flesh
So, you crash
In a flash!
Solomon the wisest
Craved exotic thighs!
Mystery of flesh direful
Leaves me rather fearful!
In agora ${ }^{13}$ he stands
Basking in the glory
Of his meager props
His door hastily opens
See, he is how earnest!
Memory of the bad damns
Virtue with passion extols
Who does not admire Jehu? ${ }^{14}$

[^7]
# But, hear, O brethren <br> Dirge for the fallen flesh <br> The Song for a Solomon <br> Recall the repeated odes <br> For the crumbling stars 

13) Jehu, characteristic of his disposition, wasted no time in carrying out the execution. Jehu was known for driving furiously as he zealously carried the assignment ( $2 \mathrm{Ki} .9: 20$ ). However, the house of Jehu would be held as bloodguilty (Ho 1:4). Paradoxically, it is sobering to note that, despite his faithfully carrying out his commission, Jehu's tolerance for calf worship resulted in a lot of bloodshed ( 2 Ki 10:29, 31).

## 8. Pliny to the Fulani Boy

can life be any easier more than he sees it?
safe in his world
under a mighty tree the Fulani boy sits with able woman's skill
busy with strings
partnering a puny calabash even in a solitary world he refreshes with music intently musing over a faithful favorite cow its nunu, ${ }^{15}$ breaks his fast the calf soon becomes his hmm, the Fulani boy see Pliny ${ }^{16}$ in the woods

[^8]${ }^{16}$ Pliny. Linking nobility with virtuous past, the Roman elite extolled activities relating to rustic life, especially hunting. A Roman going on a hunting expedition was not merely looking for game. That kind of activity was viewed as a form of recess and escape from troubles. Pliny describes the atmosphere as best suited for a creative work when he says: 'the poems ... are perfected most easily in the woods and groves (Pliny Ep. 9.10). In this situation, he would have 'a pen and writing tablets...thinking about something and writing it down, so that, if [he] came home
keep his company a little
will you share his stylus?
will you desire those tablets?
would you set heart at task and teach your hands his arts
of more bumper harvests?
the Fulani boy
therein lies the lesson
that you take to your hut dearth fulfillment is in bites
greater is the bliss of food
when return comes from stylus
this, Omoluabi ${ }^{17}$ well knows
empty-handed, nevertheless, [he] would bring back full notebooks'(Pliny Pliny Ep. 1.6).
${ }^{17}$ Omoluabi. This Yoruba philosophical and cultural notion is used to describe a person of honour. It conveys the thought of moral excellence that is not only manifest in good conducts but also in display of intelligence.

## 9. What is never in Vain?

Male dogs
He-goats
Do relish
Pleasant transience
Fleeting fruition
Butterfly
Radiant with wings
In passing glory
Salacious nectar
Eagerly enjoys
Feat of termite?
Legendary hard-work
Mighty, massive
Then, crumbles
Puffy Agama-lizard
Snooty red head
Boasting every second
Crushed by junior hunter
The mortal subdues
Puts behind all odds
Cling feathers to his bodies
Wearing caps in colours
Listed in the hall of renown
From summit of Everest
The next day he plunges
And he licks the dust
What is never in vain?
What rests with Eternity?

Consumed with joy today Savoured with passion tomorrow
Water from eternal spring
Soothing, inspiring strength
Dwelling in vivid memory
In archives of treasures
Ad infinitum are its marks Imprints ever on the rock If it is never in vain
It is forever a gain

## 10. The Dawn Arrives in Triumph

Darkness
you depart like a horse
trotting after a fruitful campaign
galloping in style to a halt
i behold Today ascending parting ways with Yesterday with a banner Tomorrow rises flaunting crystal-silver lining
sighted in Africa, yes, seen in the Far East, in the Antarctic transcendent Dawn is a victor the conquering Dawn is here.

## 11. Search for Cure

Whence this heat?
Burning vituperations
If from Mount Olympus ${ }^{18}$
Would that host of votive
Besiege the Olympia!
Delphi ${ }^{19}$ receives pilgrims
Bringing and bestowing gifts
Asclepius ${ }^{20}$ now prophesies
> ${ }^{18}$ Mount Olympus in Greek mythology is the abode of the twelve Olympians: Zeus, Hera, Poseidon, Athena, Apollo, Artemis, Hestia, Demeter, Hermes, Aphrodite, Ares and Hephaestus. Their dwelling was established after the Olympians defeated the Titans. In Homeric literature, the Olympian Apollo and his twin sister Artemis, with the use of their arrows, are often symbolised as harbingers of sudden breakout of diseases. Hence, Mount Olympus becomes a source of sickness or plagues. The earliest example of disease appears in the lliad when Agamemnon insults Chryses as the priest seeks to ransom his captured daughter. As punishment, Apollo brings a highly communicable disease to the Greek camp by shooting his arrows, first at mules and dogs, and then later at the soldiers (Iliad I.9ff)
> ${ }^{19}$ Delphi was a prominent ancient religious sanctuary; sacred to the god Apollo and central TO the Greek world. According to Greek mythology, Delphi was the point at which the two eagles released by Zeus met after encircling the world. City-states and individuals regularly visited Delphi where they obtained enigmatic predictions and guidance from the oracle of Apollo. Besides, Delphi always played host to the PanHellenic Pythian Games

${ }^{20}$ Asclepius is spelt in Greek as 'Asklepios' and in Latin, as 'Aesculapius'. He was the Greek god of medicine, the personification of the Divine Healer or miracle working

# Unbending rage of a Titan <br> Hail his skilful manoeuvres <br> To spare vibrant plants <br> Bounded by militant worms <br> Hygeia ${ }^{21}$ voices sanitary 


#### Abstract

physician. Greek mythology presents Asclepius as the first product of Caesarean section. Through an act of medical intervention, Apollo cut open the womb of Coronis and freed the baby Asclepius from his mother's womb as the god punished the mother with death on a funeral pyre. Subsequently, Asclepius learnt the art of healing from a centaur, Chiron, who was assigned to raise him up. Besides, Asclepius practised healing through use of the art of divination, obtaining responses from Apollo through oracles. Asclepius became a great physician and surgeon and was credited with attainments of landmarks in ancient Greek medicine. Practice of medicine and religion in his instance went hand in hand since Asclepius obtained his knowledge of drugs, herbs and the nature of many things, with which he treated diseases, from auguries. He passed on his knowledge to his sons and students whom he had in his apprenticeship. The symbol of a staff with a serpent coiled around it in medicine today is reminiscent of the attribute of Asclepius who was often depicted as standing, dressed in a long mantle and with bare chest.


${ }^{21}$ Hygeia. In Greek mythology, Hygeia was a daughter and attendant of Asclepius her father; the goddess to whom was attributed good health, sanitation and hygiene. Her office of welfare and prevention of disease which worked in conjunction with 'Panacea' (remedy) and 'laso' (recuperation from illness), her sisters, was an indication of the close relationship between cleanliness and health in ancient times. Hygeia, along with Asclepius and Panacea are specifically mentioned in the age-old Oath of Hippocrates that galls on all the gods and the goddesses to witness regarding a doctor's displaying proper conducts and faithfully fulfilling his medical obligations. 'Salus', the corresponding Roman name of the goddess, has the

# As sanity for Panacea ${ }^{22}$ <br> At no cost of a journey <br> To Epidaurus ${ }^{23}$ sanctuary <br> Hippocrates comes from Cos <br> With oath learnt by heart <br> To break mystery's fetters <br> Asclepius temple endures <br> Beheld by leisure travellers <br> Still standing monument <br> To the quest for respite <br> Now resident in capsules <br> Epics of the past 

English derivative, 'salubrious' or 'salutary'; words that point to healthy, healthgiving or healthful condition.
${ }^{22}$ Panacea. See footnote 24.
${ }^{23}$ Epidaurus. The presence of a sanctuary dedicated to Asclepius the god of medicine brought the ancient Greek city-state, Epidaurus, into limelight. Epidaurus became highly so famed as a healing centre that the Romans after coming in contact with the Greek world imported a statue of Asclepius as well as one of his sacred snakes that had been tamed to their territory and built a temple to the god of medicine. The practice of medicine at Epidaurus was a mix of the paranormal and science as evidenced by surgeons' utilising scientific skills and interpretation of dreams in treatment. The temples and hospital buildings devoted to the Epidaurean deities remain until now monuments to the healing cults that persisted in the Greco-Roman world. Today, as a tourist centre, the site of the ancient Greek sanctuary, its architectural edifices as well as cultural and archaeological park receive hundreds of thousands of visitors each year.

## Forlorn hope <br> Unending hunt

## 12. The Race To Win

Who doesn't know Philippides? ${ }^{24}$
Who never heard his story?
The strides, his strength
Obdurate will growing inside
Deterred by no daredevil
Stoic Polynices and Eteocles ${ }^{25}$
Setting eyes to mutual destruction
Glow, spirit of fire
shine on! Shine on!
Leave Marathon ${ }^{26}$ at once


#### Abstract

${ }^{24}$ Philippides was reportedly the great-news bearer in 490 BC , who covered the distance of about 26 miles (in about 3 hours) by running to deliver at Athens the message of Athenian significant victory over the Persians at Marathon. He died after saying: 'Nعvıкйккацعv' ('Nenikikamen': We have won). Philippides is believed to have performed his first athletic feat at the time when Athens wanted Sparta's help in the former's impending encounter with the Persians at Marathon. Miltiades, an Athenian general, sent a professional runner (understood to be Philippides) to make a 140 -mile run to Sparta to solicit for assistance in executing the war. After making the trip in about 36 hours, the trained runner needed to run another 140 miles to Athens to inform the Athenian generals that the Spartans, regrettably, for religious reasons could not provide the much desired support (Herodotus, The Persian Wars, VI, 106). The will power and endurance that were attributed to Philippides, especially in the heroic race from Marathon to Athens, constitute the spirit behind the modern Marathon sporting event.


[^9]With glorious victory news
Ever fresh in comely heart
Run the race to win
In competition with none
With message so dear
Utter no greetings on the way
Look neither to left nor right
Give your eyes to nothing vain
Submit to no lure of canaries
Fight urges for pleasure
Defy games of treachery
With heroic tenacity
Hold the glowing touch
Kept fervently burning
Then, at Athens, the ultimate
Spurt out tidings not quantified
Engraved on a golden tablet
The deed is done, die fulfilled

## Part 2

## LEADERSHIP WOES

## 13. Lordship of Omens

> Tens of ships battle ready Hoplites ${ }^{27}$ in thousands march Young men eager for gains
> Vote in unison for Syracuse With spurs of Sicilian mines Three officers, three schemes With all arsenals to unleash Surmounted mountains and Rivers, wild roars not deter Falcons flap in frightful flight No more an aviation delight Illustrious Generals shiver Troops march with trembling Caught in frozen frenzy Is it a terror of a humbling? Gazing at the strange moon Commander peers at Dis-aster ${ }^{28}$ Nicias in freezing confusion Stratagem beckons

[^10]But augury censures
Catastrophe looms
At Sicily ${ }^{29}$
Soldiers become immobile
Singing victory in mono tone
At the spectacle of scientific portent Spirit of Triumph succumbs
Valor vanishes from brave hearts
In wait for blood and deaths
Munitions enjoy all leisure and
Mediterranean knows it well
The doom of revered army and navy Finally, without glory, they bow In total submission
To the Lordship of Omens.

[^11]
## 14. Civil Predators

Singing, drumming<br>Chuckling, giggling<br>Dangling hope with dance<br>Before the faithful hopeless

## See the vultures!

With mosaic of crafted truths
Waving land mine manifestoes
Visioning of ills by bulging eyes
Our gold, diamond,
Uranium, acacias and mahogany
Joyful gladiators
Make Epicurean ${ }^{30}$ pot bellies
Eyes glued to scenes of horror Of constant clashing arms
Roman games at the arena ${ }^{31}$

[^12]
# Blameless ears filled with tinnitus 

A trophy for the victor<br>No odes from Italian farmers ${ }^{32}$<br>As fields of toils lay bare Alas, Hannibal ad portas! ${ }^{33}$

Pillagers finish the meat Lick the pot with big tongues


#### Abstract

${ }^{32}$ The Italian farmers. The enlistment of many Roman civilians for the Hannibalic War as well as other second century Roman conquests greatly diminished the agricultural workforce, especially in small farms. The peasants fell into debts, became impoverished and were subsequently compelled to sell or abandon their lands. The exploitative upper class, having merged together and turned the lands into latifundia (large farm estates), ploughed the wealth from war spoils into them. The unemployment among poor farmers was made worse by the influx of captive slaves who provided cheap labour on the farms.


${ }^{33}$ Hannibal ad portas. In the Hannibalic War, also known as the Second Punic War, Rome got what she least expected from Hannibal. The Carthaginian general struck terror in the hearts of the inhabitants of southern Italy and caused incessant panic in many homes at Rome. Hannibal being full of surprises became so elusive that his defeat was not as easy as the Romans had anticipated and the psychological impact of his presence in Italy remained indelible in the minds of the Romans for generations. Hannibal instilled so much fear in the heart of the Romans that Roman parents would use the Latin expression, 'Hannibal ad portas' (Hannibal is at the door) to bring their erring children back to their senses.

## Innocent tummy rumbles all night

 In all-night measuring of roofsWho frees pitiful souls from Immortalised metrical lines Sung by bards for generations? Ubiquitous epigraphs of distress

## 15. Plea for Panacea ${ }^{34}$

the war you saw
says thoughts must be fought while vessels are at shore
Ares ${ }^{35}$ plans not yet wrought anger do bend, lest it rends. arrays of men
whose blood became flood gratify the thirsty gods! frenzy story urging to Troy ${ }^{36}$ pride, ambition, driving wild pushing aside intentions wise and they rise in thousands blind to everything but right tell, please, who desires streams of fluid rippling and chilling? sanguis ${ }^{37}$, not of altar lambs of mortals with hot affection

[^13]${ }^{35}$ Ares, known in Greek mythology as the god of war, is well known for his uncontrolled anger, aggressiveness and undying thirst for war.
${ }^{36}$ Troy. See footnote 50
${ }^{37}$ Sanguis. This is the Latin word for blood. Here, the form is either nominative or vocative case, while the genitive singular form is 'sanguinis'. When 'is' of the genitive ending is removed, what remains is 'sanguin'; the combining form for words such as 'sanguine', 'sanguinary' then becomes obvious.

myriads forward marching under the shield of Nemesis ${ }^{38}$<br>if only they part at Aulis<br>all may know no misery<br>but tunes of bliss<br>someone must ask<br>whose delight<br>is Rwanda's plight<br>tearing brothers asunder<br>and glorifying blunder<br>quickly offer up hubris<br>hurry to ease grief

[^14]
## 16. The Few Win

Shareholders of filth<br>Bask in the strength of vile<br>Boast that they are sly<br>Pride in ambitus ${ }^{39}$<br>Saddled with largitiones ${ }^{40}$<br>Sage night flyers<br>Bats, blind with gifts<br>Breed loathsome brags<br>Stride on with taunts<br>To tame roaring crowds<br>Hail deafening lyrics<br>To assemble forces<br>In the mame of Sword<br>The few pronounce justice

[^15]
## 17. SANA MENS ${ }^{41}$

Dear disciple of Hippocrates ${ }^{42}$
Novel and darling snow
Enviable are your robes
With Olympian wreath glory
Le Professeur beseeches Apollo ${ }^{43}$
Calling Asclepius ${ }^{44}$, next, Hygeia ${ }^{45}$,


#### Abstract

${ }^{41}$ Sana mens. The Latin phrase, 'sana mens in corpore sano', is usually rendered 'a sound mind in a sound body' or 'a healthy mind in a healthy body'. This suggests that physical wellness is not just the end of seeking good health. It could also be understood that 'sana mens', 'a sound mind', is a desirable outcome of a physical well-being; hence, in the treatment of the body respect should be shown for principles that are amiable to the mind. Otherwise, a sound body may not have a sound mind. ${ }^{42}$ Hippocrates, born on the island of Cos, off the southwest coast of Asia Minor, is generally believed to be the founder of medicine as a rational science. He is credited with the departure of medical science from the magic, superstition and the supernatural. Although his approach to medicine initially had several serious flaws, he however advocated a rather more objective diagnosis of the patient to ensure an accurate assessment ailment place the treatment on a sound footing. Hippocratic Oath represents a physician as an individual who is sworn to employing all the knowledge of his calling, not only to serve and save, but to keep the dignity of his patient intact in the course of doing these.


${ }^{43}$ Apollo, the multifaceted Greek god is known as the god of medicine and healing. See footnote 21

# Then Panacea ${ }^{46}$, all to witness <br> Thy hand, raised to the sky <br> Of gusto to save the worthless <br> The vow to provide refuge and <br> Harm none called mendicant ${ }^{47}$ <br> So, now, plunge in a dagger <br> Dislodge a nagging mass <br> And it is no cause to shiver Neither thy desire for pecunia ${ }^{48}$ 

${ }^{44}$ Asclepius is the son of Apollo, the god of many sanctuaries many ancient Greeks. See footnote 23
${ }^{45}$ Hygeia. See footnote 24
${ }^{46}$ Panacea. See footnote 24
${ }^{47}$ Medicant. The present participle of the Latin word, mendico (to beg or to ask for alms) is mendicans. The word is the root of the English word, 'mendicant'. 'Mendicant' could be used to designate a member of a religious order who by choice leads a life of self-deprivation or austerity. However, the mien of a person who solely relies on begging or on charitable gifts for a living may sometimes illustrate the level of self-esteem of a patient who is desperate for a cure when appearing before a doctor.
${ }^{48}$ Pecunia is generally translated as money; but when consulting a doctor, as is intended here, the word may also convey the sense of property, opulence or abundance of material possessions. Practice of medicine by an individual could sometimes be driven by the desire for any of these or simply result in them. Even when this is the situation, it may not raise any issue when no medical ethics are compromised

# But take your oath again With this corpus outstretched Before your scalpel plunges in Pledge not to violate Nor defile the soul you slice Muse over sana mens ryhme Leave the laurels unsoiled Honours not diminished by venoms Issuing forth from connubial crisis Nay, a drum beaten by hubris ${ }^{49}$ Obstruct the spewing Oozing from immaculate iatros ${ }^{50}$ 

[^16]
# Your guest come for hospitium ${ }^{51}$ <br> Banish vituperata ${ }^{52}$ <br> Gaze at me in faith <br> Keep promise safe in loyal heart 


#### Abstract

${ }^{51}$ Hospitium. The meaning of the Latin word 'hospitium' goes beyond what its derivative, 'hospital' means. It implies understanding the right and responsibility of a patient and a healthcare worker respectively at a hospital. Display of hospitality was believed to be a divine obligation in the Greco-Roman world; hence, providing good reception from a stranger was commonly viewed as a form of piety. A guest usually enjoyed meals at the expense of.the host under whose protection he had come and may further enjoy the generosity of the host who may eagerly present him with gifts at his departure. When a host fulfilled his duty toward the guest, he expected divine blessings. When he did not, he expected dire wrath or worse punishment if he maltreated him. Interestingly, the English word 'patient' is from the Latin word 'patior' which means 'I suffer' 'I endure'. Therefore, when a patient who suffers some afflictions or infirmities visits a doctor or a healthcare provider, the roots of 'hospital' and 'patient' should evoke the thought of being at a place to receive kind and warm treatment. Nurses as healthcare providers are specially trained to meet these needs.


[^17]And I shall return home Whole worth untouched

## 18. Martial Festival ${ }^{53}$

puh! puh! pah! pah!
it is their leisure again
idle boys, no prophecy to fulfill
defeating the law of humanity
subject all to inhumanity
puh! puh! pah! pah!
their memories spring back
to the festival of extravagancy
of blood of the innocent
puh! puh! pah! pah!
participants are dancing
with absolute vigour
keen spectators are content
silence is ordained as a new priest
puh! puh! pah! pah!
what hot affection of adherents eaten up by zeal!
to set sail with Iphigenia ${ }^{54}$ blood

[^18]see the participants descending
in tens, in hundreds, in thousands
returning to the dust
puh! puh! pah! pah!
oh, what a spillage, in this age!
two rams lock horns,
two elephants enter a duel,
who consoles the grass?
puh! pah!
the festival is ending
the high priest says a blessing promising peace, prosperity
for all eternally
but do not say I told you
martial festival comes at leisure!

Iphigenia, to appease the goddess. After initial reluctance, Agamemnon employed deceit to bring Iphigenia to Aulis, telling her and Clytemnestra his wife that Iphigenia was to marry Achilles before the departure to Troy. Confronted with the truth at Aulis, Iphigenia unreservedly considered it a path of honour to volunteer herself for the sacrifice. The myth has it that Artemis at the very point of sacrifice, substituted Iphigenia with a calf and transferred Agamemnon's daughter to Tauris where she was compelled to spend the rest of her life as a priestess of Artemis. Afterwards, the Greeks got the right wind to set sail to the bloody Trojan War. However, sacrifices could be made to avert wars rather than pursuing it.

## 19. Oil

Oil, Oil, Oil
Who lifts our oil?
Who sells our oil?
Who buys our oil?
What fouls our soil?
If Jugurtha ${ }^{55}$ is a prophet
To the first bidder it goes
Game of fathomless sleaze
Leisure of the nation's fathers
Patriots with plastic skins
Offer up Justitia ${ }^{56}$ at once
${ }^{55}$ Jugurtha was an ancient North African prince who came in close interaction with the Roman soldiers when he served under Gaius Marius at the siege of Numantia between 134-133 BC. During this time and subsequently during the Jugurthine War of 112-106 BC, he became so much aware of the Romans' susceptibility to bribery that he described Rome as 'urbem venalem et mature perituram, si emptorem invenerit' ('a city put up for sale and ready for destruction, if it finds a buyer', Sallust, Jug. 35.10). Interestingly, corruption was particularly rife in the Roman senate in the last century of the Republic and always ranks high among the factors that contributed to the collapse of the republic. Under-development in present times is still frequently blamed on political corruption in.
${ }^{56}$ Justitia is the Roman goddess of Justice (Themis is her Greek equivalent goddess). She is depicted as blindfolded, carrying a balance in her left hand and a double-edged sword in her right hand. This posture symbolises her impartial power of Reason and Justice. Sometimes, her wearing a blindfold is used to depict

# On the altar of Avarice Cold and zealous procurators <br> Teaming up with Publicani ${ }^{57}$ <br> Voracious Vultures full of life <br> Scatter with chicken feet <br> Hastily devouring the estates <br> Of forsaken am ha' 'a'rets,58 <br> Pillaging and fanning wails Night, day, saving bloody tears <br> In the delta of Niger, and soon <br> The session hastily ends <br> Choirs sing filthy melodies <br> Priests pray in soiled garments 

objectivity as she renders justice on no account with fear or favour. In parts of the world, the cry for justitia persists amidst the interfering Jugurthine influence.
${ }^{57}$ Publicani. Roman firms of publicani got the contract of collecting taxes from the state. The tax collectors made an investment by paying the state a fixed amount as up front and sought to make profit from the taxes they would collect from the provinces. Since procurators (governors) could take money from the publicani in carrying out provincial administration, they had the record of taking bribes and then turning blind eye when the publicani exploited the provincials. The publicani, seemed to have a free rein since, unlike the senators, they could not be prosecuted in the extortion court.

[^19]Plunderers reverently close one eye Keep vigil over loot with the other Solemnity ends abruptly
Amen! Amen! Amen!
Session for booty is over
But miserable worshipers linger
And service song continues
Oil, Oil, Oil,
Greed lifts our oil
Oil, Oil, Oil,
Sleaze sells our oil
Oil, Oil, Oil,
Vulture buys our oil
Oil, Oil, Oil,
Venal is our soil

## 20. The City of Gloom

Dogs do not bark
Tails droop
The furs asleep
Lizards resent motion
Heads remain stiff
Birds deny songs
Wings cease to flap
Air still, wind lifeless
No spirit in men
And I want to cry
But my eyes are dry
Trees cease to dance
Leaves extol gloom
Sun hides her fresh face
Loathing joyful duty
Ashes are sprinkled
I want to cry
But my eyes are dry
It is a gory tale
Of a living dead city
District of Dark Ages ${ }^{59}$

[^20]Where Hitler reigns
Behind sinister shades
I want to cry
But my eyes are dry
The loyal traitors
Pay visits like bats
Return with crafty sacks
Breaking news news of justice
Written in another ink
Published by a novel author
Sharers of pot of villainy
Pledge allegiance of Esau
I want to cry
But my eyes are dry
but professional bards. The poem alludes to the atmosphere of the military regime in Nigeria from 1993-1998.

## 21. They have crossed the Rubicon ${ }^{60}$

they damn the price the loathsome loafers the Yoruba Demon ${ }^{61}$


#### Abstract

${ }^{60}$ Crossed the Rubicon. Julius Caesar was born into a society with keen spirit of political competition among the nobles. With unrestrained political determination, by 59 BC , he had maneuvered his way to the position of consul of Rome. As governor of Gaul, he did not only exhibit outstanding military skills in subduing the native Celtic and Germanic tribes but also got the opportunity to amass wealth. However, his rising political profile among the people in no time began to constitute a threat to the Senate's authority and to Pompey who were in control of Rome. Hence, Caesar was ordered by the Senate to resign as army general and disband his soldiers or otherwise be declared añ 'Enemy of the State'. Since Caesar was not willing to comply, he positioned him against Pompey who was assigned to enforce the edict. A civil war became imminent. In January 49 BC, while in the northern Italian city of Ravenna, Caesar was confronted with either yielding to the Senate's command or moving southward to face Pompey and begin a brutal civil war. Even when doing so was a treasonable offence, Caesar settled for the latter option after a moment of indecision, and crossed the Rubicon River. Thus, 'Crossing the Rubicon' is now a modern equivalent of 'passing the point of no return', a point when decision is deemed irreversible.


${ }^{61}$ Yoruba demon. The term, which came into use around the year 2015, is used to describe young men from South-Western Nigeria who are in the habit of breaking hearts of ladies. In the contemporary society, such men, often with the appearance of opulence and also known as masters at deception, they are purported to be ritualists who use intercourse with young ladies as means of consolidating their wealth. This expression may simply be understood as a playboy of Yoruba origin.
basking in overnight opulence sealed deals with blood
from fresh skulls of
babies, maidens, mothers, paterfamilias disappear they summon a feast after crossing the Rubicon
flies feed fat their white agbadas ${ }^{62}$ overflow praise singers drum
For the deaf
with blind open eyes
honey is the song of Sirens ${ }^{63}$
so the lyrics of Thanatos ${ }^{64}$
${ }^{62}$ Agbadas here refer to Yoruba traditional garments symbolising high social status.
${ }^{63}$ Sirens. The hero of Homer's Odyssey, Odysseus, when setting sail towards the island of the charming Sirens, heeds Circe's earlier counsel to plug his men's ears with beeswax while he himself is bound to the mast of the ship to prevent any of them being lured away by the seductive song of the Sirens. Odysseus, who alone listens to the alluring song on getting to the island, finds the song so appealing that he begs his comrades to set him free from the fetters in order to head for the source of the flowing song. However, the loyal comrades rather bind him more securely.
${ }^{64}$ Thanatos. In ancient Greek mythology, Thanatos is the son of Nyx (night) and Erebos (darkness). He has a twin brother, Hypnos (sleep). The picture of gloom and silence that the family tree epitomises is complete with Thanatos (Death). Similar to other family members whose names represent their roles, Thanatos is the
no wax congeals delight
a sanguinary covenant sealed
after crossing the Rubicon
with insatiable demons
with rabid principalities
hope burns like a candle in the wind manicured fingers
bread palms
gluttons of overnight opulence gallop to meet doomsday after crossing the Rubicon
personification of death. Interestingly, in psychoanalysis, Sigmund Freud has chosen the name in advancing the theory that every human has a death instinct or drive.

## 22. Lactating Africa

Darling Africa, the granary In Joseph's world of famine Shelter to the merchant Punics ${ }^{65}$ When Campania ${ }^{66}$ failed


#### Abstract

${ }^{65}$ Punics is from the Latin word, 'pūnicus'; 'pūnici' in plural. The ancient Romans would call the Carthaginians by this name. Sometime around 813 BCE, the Punic descendants of the Phoenicians founded the city of Carthage in the area that is now known as Tunisia in North Africa and maintained the maritime tradition of their ancestors in the region. Their presence in North Africa increased when, after the fall of the Phoenician city of Tyre to Alexander the Great in 332 BCE, rich Tyrians fled to Carthage with their wealth and used considerable means to turn Carthage into the new centre of Phoenician trade. The Carthaginians displaced the native Africans, enslaved many of them and made others to pay tributes. The Punics had established a flourishing sea trade and produced a mercantile society; rising from a small port on the coast that was a stop-over for Phoenician traders to re-supply or repair their ships to a most powerful city in the Mediterranean that incited Rome to fear and jealousy.


${ }^{66}$ Campania. The First Samnite War resulted in the Roman acquisition of the rich land of Campania, a region in southern Italy, with its capital at Capua. The Romans rose in defence of the Capuans against the aggression of the Samnites who coveted fertile Campania. In classical antiquity, it is noteworthy that Rome had to turn to other parts of Italy to meet the need for grain supply since this could not be met by the countryside regions. Therefore, Rome was actually securing a notable source of grain supply when she established a colony at Gales in Campania supposedly to protect the Capuans. By the first century CE, however, North Africa became chief sourçe of Rome's grain supply.

You were much celebrated As breadbasket to the Quirites ${ }^{67}$ Home to Roman veterans ${ }^{68}$ Your blood inundates the West Acres of money plantations The sweats of your fingers nuture Your soil's honey ever flows Your daily lactating breasts
${ }^{67}$ Quirites. The singular form of the word, 'Quiris' is rendered 'the inhabitant of Cures', the capital of the Sabines('Quiris' also means 'spear'). Quirites was used as a name for the civic populace of ancient Rome, especially in early times, and may also be used for men devoid of class or rank.

[^21]Clung to by teeming mouths From the orient to the occident Now, they shed tears for thy wards Barely propped by lean frames Despair engraved on their foreheads Your eyes fatally sunken in
'Any more milk to drink?'
Your master keeps asking

## 23. Demagogues ${ }^{69}$

They sit at tables<br>Meditating gleefully Hatching brazen lies<br>For exhausted ears<br>O, shame affects me<br>Pity affects me<br>Sheep nudge their legs<br>Yet, their hearty laughter


#### Abstract

${ }^{69}$ Demagogues. Demagogue, as a term, is a fusion of two Greek words, 'demos', the people, and 'agogos', leader. The concept originated from ancient Athens, the cradle of Democracy. Historically, demagogues have been described as people who undermine the existence and stability of democracy which they claim to champion its interest. They do this by turning the people among whom they have gained popularity against each other. At Athens, the demagogue was perceived not just a leader of people, but as a leader who led by using bullying, coaxing and rhetorical appeal to emotion to gain power. Later, the term came to have a pejorative meaning representing deceptive populist 'who secures trust, particularly among the lower classes, and ends up misleading them. It is in this light Aristotle portrays a certain tanner, Cleon, who rose to a position of leadership at Athens: 'He was the first who shouted on the public platform, who used abusive language and who spoke with his cloak girt around him, while all the others used to speak in proper dress and manner'(Ath. Pol. 28.3). In the context of the poem, demagogues might be seen as individuals who in their desperate quest for power turn to the base court of the people and consequently use the power obtained to tyrannically exploit the people. The description is apt for the political class who make empty promises to the electorate.


# Increases with flowing tears <br> Kingly rabble-rousers <br> Looking the crowd in the eye <br> They swear by the Olympians <br> Men of scarce culture <br> Best at Trump-ups <br> With no insignia of value <br> The fat ones of Bashan ${ }^{70}$ <br> Offer no balsam for wounds <br> Yet, pretty well we know <br> Tomorrow shall come <br> Breeze shall bare pudenda ${ }^{71}$ <br> O, Shame affects me 

Pity affects me...

[^22]
## 24. WOE- MAN

why so enthralled by
rose in pink Helen ${ }^{72}$
nesting in thorns?
honeycomb mouth drips
belly filled with wormwood
dicey charming cleavages
wily step by step with
winsome suppliant eyes
churning innocent pleas
writhing, the twisting snake
wine, red in the face
making appeal to Paris
in dire wants of heart
artfully ravages the soul
sorely drives sleep away
from eyes of the Greeks
brings Troy to naught
wo[e to the ]man!

[^23]
## 25. Painful Days

Grandma
longing for yesterday contending with solitude as trembling hands
break melon shells with long stick in hand she herds goats to a spot she dishes out portions calling in vain to wards son comes blaming lapses out he goes, new orders gives then, madam arrives pity mama the more nothing she ever does well what can the white hair really do?
a fact she silently accepts however strong her wishes gone are the days when she mapped the way yet, the truth she knows they beg for her days what they are she was what she is they shall be

## Part 3

## Time and Tide

## 26. Year Cycle

The Italian Janus ${ }^{73}$<br>Arrives with heavy keys to Gates, Doors and Beginnings Foremost Guardian of homes Poises this way, turns that way Caesar sets the cornerstones ${ }^{74}$ Barbarians ${ }^{75}$ revel in your honour Waving bye-bye to woes and

[^24]
# With fervent imploring eyes <br> Beseech you for tomorrow <br> O bumper, copious harvest Fortuna ${ }^{76}$ is filled to the brim Dim light commands, booze Men and women cross the Tiber ${ }^{77}$ Young and old in cross-over Flashing the sky with sparks Pious recount of endless joys Triumphant, refuting misery Binging befriends Boozing Summon hazy swollen eyes License is at Festival's door 

[^25]
# Bacchus ${ }^{78}$ leads Great Merry Journey back home begins Lamps here, wreaths there Hardly the city gate closes Mothers raise sad lullabies Mixed with smokes of requiem Janus turns his back again Devotees, back to toils, moan Pitiable with imploring gazes Long for the coming of the First It staggers the tender mind Why Janus with hopes always goes And leaves behind painful throes 

[^26]
## 27. Time, P-1-e-a-s-e, Come!

## Time

Come
Run do not walk
Mountains are crumbling
Trees are shivering
Masquerades are threatening
It's getting too late
For the melting spirit
Fly, fly, and do fly
Mount with eagle's wings
Bring to me my Blue Eye
Fulfill my undying longings
Book no other appointment
Enter quickly unannounced
See no other agent of relief
Time, Come now and with you
Invaluable soothing oil
Ease my slender gentle heart
Remember, never come alone
I beg thee, P-1-e-a-s-e
Come with my Blue Eye
Before Hope becomes edgy
And disengage from fortitude
Come, come, come
P-1-e-a-s-e
I am waiting too long

## 28. When the wind blows

When by the wind a dry leaf is borne Up and up it goes like a kite Lo! Wings of a bird it does not have To the law of force it is sure to bow Brief indeed the story goes<br>Bound to come is the villain's end When the wind will surely blow Even the blind will get know

## 29. Those Who Are About to Die Are Saying Greetings

They greeted you
Just now
Now, now
Where are they going?
Heading the same path
Are more still greeting
Full of hope
Full of life
But let them bend
Nothing they can mend
What is man's essence?
Dew that settles in the morning
Leaves before the noon, or
With trouble in the evening
Turn around and see champions
Blossoming and holding sway
Gallants are their passes
Swift like an eagle they dribble
Deluge the net with goals, and
After trophy utters somersaults
Pitch quickly turns desolate
The stage performance so short
When victors say greetings
Pleasant and full of smile
Reminisce the glorious time
Make merry over the feat Refrain from boundless thrill

It shreds the heart like a paper Jolly troupers come today
Will they be here tomorrow?
Soothe the imminent pains
Recall the ancient truth
Handed down for millenniums
Morituri te salutant ${ }^{79}$
${ }^{79}$ Morituri te salutant. The expression, 'Ave, Imperator, morituri te salutant' (Hail, Emperor, those who are about to die salute you) is foremost credited to the historian, Suetonius (De Vita Caesarum, 'The Life of the Caesars' 21.6,) These were reportedly the desperate words of captives and criminals who were condemned to die.,

## 30. Theft in the Sanctuary

seat of treachery
monster's heart
offspring of Eros ${ }^{80}$
gets trust with ploys
induced to action
by the cruel darts
of the blindfolded god
with screened surges
of distressing urges
show untamed symptoms of anguish
glutton plucks budding fruits
of nurslings, blameless seedlings
mothers and even grandmothers
tailing seeds in infant garbs
so perfect the infamous arts
leaves the lowly lonely
leaves the weeping wounded
leaves the experienced exploited
leaves the righteous ruined
ah, a shepherd has the desire?
father Zeus ${ }^{81}$ ravishes Europa ${ }^{82}$

[^27]puts sheep in sacrilegious trance
a night of unholy purification
ordained by the priest of Zeus
prophet bound to odious desire
sowing the seeds of rifts
fo the holy matrimony
with bitter anointment
in the land of wandering flocks


#### Abstract

${ }^{81}$ Zeus. The Greek mythology contains several stories of the Olympian chief god, Zeus, with a reputation of engaging in licentious activities. One of Zeus' sexual escapades involved a Phoenician maiden, Europa who became an object of his untamed lust. In another bizarre example of 'sex crime' in Greek mythology, Zeus adulterous desire led him to Leda, the wife of King Tyndareus. This time, he turned himself into a swan, came to Leda supposedly for protection against an eagle and then perfected his art.


${ }^{82}$ Europa. Zeus was so struck by Europa's striking beauty and charming look that, at first sight of her, he was obsessed with sexual desires towards her. Zeus immediately took to scheming how he would fulfill the passion without incurring the wrath of his eagle-eyed jealous wife, Hera, Hence, he transformed into a lovely white bull that fascinated Europa while she was gathering flowers. Unwittingly, the maiden began to caress 'the bull' and finally got onto its back. Zeus then 'kidnapped' Europa and swam to the island of Crete where he disclosed his true identity, raped and impregnated her. Some contemporary instances of rapes sometimes suggest superhuman influence in rape stories. As a form of lateral thinking, the 'shame' tale of the almighty Greek god raping a Phoenician woman explains modern nocturnal cases of religious leaders who 'ensnare and hover over' both spinsters and married women when they are unable to tame their sexual desires.
suppliants in search of a saviour cry eternally in vain for succour
lick their hearts and taste bile thieves are not lunar visitors. trusted foes are not from the mars sham ardent love they show in stealthy quest for the pride Did beast affection come from Olympia?

## 31. Choking Care

## Could he be a friend?

Always eager to know
Press hard to unearth
Are you awake or asleep?
Prodding with constant eyes
Faithfully monitoring steps
Obliged to offer counsels
Entrenched in all privacy
Prompt in Hermes' service
At the sight of a cockroach
War cries ascend and split air
Alarmed at little faltering Ready to regulate native smile
Every utterance, every deed
Stands only after vetting
Tears mopped before dropping
Yearns eternally for attention
Sordid affection smolders
Intense care suffocates
Thinking for you, speaking for you
Narrows the space to gasp
Petty flaws become crimes
Constant unwanted care persists
Choking endearment endures
And flame of life is fading away

## 32. Aversion

Drainage ends
Black gutters begin
Aroma of stench diffuses
Foraging pigs bathe in rubbish
Where open faeces are neighbours
Even when men with brains think
They cover no face to deface Do they really love what is right?
Bold still to mess the earth?
Who killed their shame and Handed them over to gabbage?
Partying and ruining their homes
Who veils the face of honour
And mystifies anguishes?
No guilt troubles dirty hearts
No painful regret hunts
Who pulls the wool over the eyes?
In squalid course is pious exultation
Knife eagerly destroys its abode
And seeks in vain the culprit
Redeemable rudder is so nigh
To steer the ship to safety
Even in the plague of poverty
When chamber of water is luxury
The Ancient peg is at service
Protection waits at the harbour
Soap gives handshake to water
With revulsion for odious scents

With yearning for sanity
Face becomes averse to shame
Then Legions shall rise
To terminate the lease of filth

## 33. Terror

Behold sons of Erinnyes ${ }^{83}$
Galloping in full range
Dashing against Furies
In pursuit of neighbour
In hot chase of brothers
Branded as villains
Menace is their breath
Jubilant in the zestful song
Ruin! Ruin! Ruin!
Waste! Waste! Waste!
Mercy-no-mercy!
They castrate boys
They maim virgins
They pound babies


#### Abstract

${ }^{83}$ Erinnyes. In Greek mythology, Erinnyes are the three female goddesses, Alecto (the unceasing), Megaera (the grudging) and Tisiphone (the vengeful destruction), collectively known as 'the Angry Ones'. The use of 'Furies' to represent them in Roman mythology as well as the background to their birth may add to the understanding of the fearful goddesses' activity of avenging. According to the Greek mythology, the Titan Cronus 'harvested' the genitalia of his father, Uranus, and threw it into the sea. The drops of blood-from the mutilation of Uranus (known as the Sky) fell on Gaea (known as the Mother Earth), impregnated her and, thus, the Erinnyes were born in an atmosphere of brutality. With snakes as their hairs and blood dripping from their eyes, the Furies present awful, menacing appearance, and would punish all crimes without mercy. They are also known as tormentors of the underworld who would not be swayed by any amount of prayer, sacrifice or tears. These attributes of the Furies provide a context for the English words 'furious' and 'infuriated'. Erinnyes are used to characterise some of the traits in acts of terrorism.


> Promise flames are extinguished In the middle of sweet dreams
> Words have failed
> Daggers now sway
> Forest forbidden to tourists
> Host the sons of Erinnyes
> Sanguine agents brimming Ares ${ }^{84}$
> From failed mission homes
> Furnished for lovers of suicide
> The seven against Thebes ${ }^{85}$


#### Abstract

${ }^{84}$ Ares is the god of war and one of the prominent Olympian gods of the Greeks. In contrast with Athena, another deity of war who represents thoughtfulness and wisdom in the affairs of war and whose protection men sought over their abodes during ravages, Ares is the personification of outright use of force and strength; the raw violence and untamed acts that occur in wartime. Fighting wars simply gratifies him, and in war situations, his delight is in uproar, confusion and terror. Din and roar of battles, slaughter of men and the destruction of towns fulfil his heart. He is loathed by the other gods and his own parents for his violent and sanguinary character (II. v. 889-909).


${ }^{85}$ Seven against Thebes. Eteocles and Polynices, the two sons of Oedipus, took over from their father when he stepped down as king of Thebes and the two decided to rule on the understanding that they would alternate the throne every year. However, Eteocles held on to power after the first year and forced Polynices to go on exile at Argos. With the support of the Argive king Adrastus, Polynices assembled a force under seven captains or leaders. In Seven Against Thebes, captains constitute the seven who come under different resolute banners, believing justice to be on their side, to devastate Thebes. Eteocles similarly appoints Theban commanders who are believed to be effective matches for Polynices' seven attacking leaders to defend the seven gates of the city. The determination of the

> Carrying banners of Justice
> To shatter all in a flash
> Deft with Poseidon's trident ${ }^{86}$
> Value no name of Zeus
> But filled with foul bliss
> Of mundane future pleasure
> They sharpen skills with vigour
> Place heads severally on guillotine Decapitate with blunt blades
> Inundate oceans with bloody tears Who has got the utterance of PLEASE?
> Who gets the rod to shatter sinful gods?

seven is expressed with different boasting words, and of particular interest is the boast of Capaneus who by his threats dares Zeus to prevent him from razing down the city. Eteoclus would similarly spitefully challenge Ares to hurl him from the battlements. With their frenzied minds, the rest of the seven make grandiose boasts against the city.
${ }^{86}$ Poseidon's trident. According to Greek mythology, this was a weapon and symbol of authority of the Greek god of the sea and patron of the seafarers. With the instrument that was only second to Zeus' thunderbolt, Poseidon, a quarrelsome personality among the gods, could accomplish his will; favouring his own and thwarting the efforts of his foes. The god caused devastations and wrecked havocs with the weapon. Causing of tsunamis and waves; producing sea foam and calming the water or making it roar were all the activities of the signature power of the god. When earthquake occurred, it would be credited to the trident.

## 34. Flame of Jealousy

smiling adversary spurs on waves of plaguing doubts wrecks self-image first moves on to erode unions enriches soil of distrust seeps out to vanquish allies unmask the critics at once displace shield of pretense veneer of possessiveness parent of pregnant anger great uncle of misgivings prosecutor of every motive inventory keeper of each step stealthy in show of insecurity lodged in enclave of dented will forcing faith to a retreat clips the the wings of ardent will tears apart Jack and Jill a slave loyal to anxious care conquered by rope of melancholy Is she the daughter of Hera? ${ }^{87}$ Spiral, unstoppable in downfall

[^28]
## 35. This Means our Lives

Persian fleets arrayed in myriads In formidable march against freedom Trusting in archers and cavalry charge At the pass of Thermopylae ${ }^{88}$ men stand Leonidas ${ }^{89}$ spirited men unyielding The few in dare of menacing numbers Dense formation of armoured phalanx To fight till the last drop of blood Under the shade of arrow-darkened sun Firm in position against the Immortals We shall fight, against grander spirit Opposed to Desire and Vice in council Merrymaking over abhorrent weapons Laying siege to our precious inheritance
> ${ }^{88}$ Thermopylae, a site of several battles fought by the Greeks in antiquity, was the strategic mountain pass where the Greeks chose to encounter the invading Persians soldiers in 480 BCE.

${ }^{89}$ Leonidas. Leonidas (c. 530-480BCE) was a king and military commander of Sparta. Despite the formidable appearance of the Persians, the Greeks, particularly the Spartans under the leadership of Leonidas, rather than feeling inferior to their enemies held the narrow strait of Thermopylae for three days with a small force of Greek hoplites. Although the Greeks were defeated in the battle, the heroic feat of Leonidas and the 300 Spartan soldiers, who fought to the last drop of their blood in defence of the freedom of the Greeks, remained legendary to later generations of Greeks. The role of modern day activists in defending human rights against abuse is reminiscent of action taken by Leonidas at Thermopylae.

Our breastplate and the shining helmet
Our shield and the burning arrows
With abounding vigour are deployed
To unshackle our prized souls
From claws of unforgiving vain master
Then, Dove of Liberty, prompt in service
Fill us with passion to loathe Bad
Enroll in joyful mission to .Good
Why so much passion?
Why the zest?
Why the ceaseless vigor?
No truth is daily dearer
It means life at its peak
It deserves all exertion

## 36. The Strife

Alábàárù 90<br>Ha! Relax now<br>Ease my mind<br>filled with wonderment<br>Your bones at dawn<br>Flaunt thy strength<br>Despaired?<br>No, push! Plain ahead,<br>Oh, sorry, valley in sight<br>Alábàárv̀, you are strong O !<br>Your network of muscles<br>A fountain of inspiration


#### Abstract

${ }^{90}$ Alábàáru. This is the Yoruba word for market porters or load carriers who make their livelihood by offering to carry different sizes of loads at local markets for those who purchase wares. They are also found at motor parks where they help passengers with their baggage. Even when a few Alábàáruù use carts in carrying loads, the work is generally considered socially demeaning as well as an evidence of setback in life. Some of these workers are muscular, strong enough to carry loads of various weights; while others literally or figuratively groan under the heavy weight of how they make a living. The derisive and figurative expression, Alááárù, suggesting being weighed down by life's burden, was formerly used in referring to the same people. The form, Alábàáruù, which literally means someone who assists in carrying one's load, tends to be rather dignifying, hence its preference over Aláàárù. However, while the work brings the money needed to get by, the carrying of both light and heavy loads on head by these workers could be understood as a symbol of hard life.


Your spread out chest
A mystery of endurance
But, yield, please, to my pleas
Calm down. So cruel the day
Setting on you tortuous eyes
Frying, baking and roasting you
Is your spirit ever undaunted?
Has respite become a weakness?
Your face offers no mercy
Consolation also in the blues
Aha! Calm down, calm down and smile
Mountains is soon to vanish
And your sweat you will eat
Are your teeth still in set?
Alas, Alábàárù, your lips are miming
Your eyes sunken fast
No, rise, please Alábàárơ
In the spirit of the noon
In the spirit of haughty muscles
Patrons expect you tomorrow
To hasten oblivion with onus
Oh, Alábàárù, If someday
If again, your strength revisits
Will you shoulder the world?

## 37. Nuptials

they come
voices of nightingales
pleasant beggars
in vino spirit
they hop and hop
air becomes a cloud they begin to sneeze their ardour infects us
like rapid pestilence morbid and contagious! vivacious, in ecstasy in waist-twists, breathless
just before bacchanalia ${ }^{91}$ suddenly, the cloud departs alas! Our Rebekah is gone victims in merry tempo
boys we are, handed toys is she gone to Abraham? is our festival an error? we shall not repent

[^29]Let the drummers come ushered in their droves
for Rebekah is gone to the house of Isaac

## 38. Liberated

Burden
Growing wings
Threatens to fly
May it fly?
Bye bye
Away, let it fly
Quit at once!
I am a prey
Trapped snake
In tight grips
In eagle's claws
I writhe
Glow of life
Virtually gone
Burden
Are you growing wings?
Make it fast
Rise from slumber
Fly away
Quick! Quick!
... And away it flew!

Part 4

## The Ray Triumphs

## 39. My Penelope

Men of Dulichium<br>Same, Zacynthus, Ithaca ${ }^{92}$<br>Let me speak to men<br>Kinsmen with hearts<br>Is it while I sail to Troy<br>To redeem stolen treasure<br>Of the royal son of Atreus ${ }^{93}$<br>You besiege my vessel?<br>My walls remain fortified<br>You insist on drinking<br>Only from my cistern<br>Be worthy Danaans ${ }^{94}$

> ${ }^{92}$ Dulichium, Same, Zacynthus and Ithaca. The suitors of Penelope, the wife of Odysseus, when it was believed that Odysseus would not return, came from these islands that were believed to be part of Odysseus Kingdom and persisted in asking for the hand of the unwilling woman in marriage. These were the sons of prominent families in the kingdom. The suitors were altogether 98 in number; 52 from Dulichium, 24 from Same, 20 from Zacynthos and 12 from Ithaca.

${ }^{93}$ Atreus was the king of Mycenae in the Peloponnese and, in Greek mythology; Agamemnon readily comes to mind when the expression, son of Atreus is used. However, the Commander-in-chief of the Achaean forces to the Trojan War had a brother by the same parents, Menelaus. Menelaus was the king of Sparta who was aggrieved by Paris' abducting his wife, Helen, to Troy, hence, a principal character in the lliad narration of Homer. Menelaus is here referred to by the designation, the son of Atreus, more as an epithet.

Lay hold of the plough
Till and plant vineyards
Toil not with hands slack
Thrust out your sickle
And pluck from bouquets
The choicest dates of Hellas
Then, you will know
Joy of labour is yours
Now, flee, wrath looms
Wild fire ready to devour
Tomorrow comes with me
To set my Penelope free
From visionless hunters
${ }^{94}$ Danaans. In referring to the forces from mainland Greece and neighbouring islands such as Crete that went on the military expedition to Troy, Homer uses 'Achaeans', 'Danaans' and 'Argives', synonymously; implying the federation of the Greeks.

## 40. Sour Pleasure

where is the man
who visited with lures
to invest my energy
in self's pleasure ?
where is the soulmate
who led to countryside
and deserted midnight?
aching is daily
mixed with nostalgia
of great blisses
now, I fall behind
bills mounts, pains rise
one-time pleasure is sour grief greets regrets
shadow of a murky future
a lovebird makes me shiver
bubbles dance in my heart
held from floating to my head
then, amidst the blues
relief comes for my agony
a new chick grapples the void
Telemachus95 longs for lilts

[^30]
# forlorn hope, futile cries <br> yet, he holds out future <br> announcing a new season <br> when no despair bends head <br> lifted up by pleasant tears propelled by morning rays that escorts me by the day instilling faith by the night tell all I am strong <br> I no longer moan <br> I am not alone <br> I am complete 

oppose them may be seen as a gap in his upbringing since this is not characteristic of his father. He would evidently have gained more with Odysseus present. The same can be true of children of 'baby mamas' or those raised by single parent, without gender bias.

## 41. Laugh of Yẹ̀yẹ́96

An enjoyable laugh
Of a young man in the street
Dances with no caution
Mucus at his door
Mouth bubbles loud forth
Bitter sweet words
Refuge is behind a needle
Feet with grips of an ant
Proud of butterfly wings
Chameleon cheerfully talks
Light up faces with smile
The deft actor speaks
All laugh with their hearts
What smile?
What Laugh?
Who is fooled?
Laugh of yẹ̀yẹ́
Smile of pẹlệ̣ ${ }^{97}$

[^31]
## Scene of ètẹ́98

What a pity!
${ }^{98}$ èteé. This word means 'shame' or 'disgrace' in Yoruba. A Yoruba axiom goes thus: ete lo ngbeyin oro, 'shame comes as the outcome of a matter'. 'Matter' in this context usually means a wrong deed that is ostensibly concealed from others only for the wrongdoer to realise it has become a public knowledge while he is still dwelling in false security. This outcome is ẹté.

## 42. True Friendship

What a fray
Man lives a day
Feeble dream
Disappears like steam
There are tears for him
Drops from branches of fear
Grieve yet finds rewards
Amicus ${ }^{99}$ listens with Soft moans
Springing from sympathy
Not shoulder of apathy
Others first, amicus comes next
Daring even grievous text
True friendship remains rooted
Like the sun
Unbroken in faithful service
Keeping it dry and then
Restoring water for planters
Bringing food to tables
Filling hearts with cheers

[^32]Causing faces to shine
Infusing vital vigour
The will to go on
Like the moon
Wavering not even once
Bringing reminders of tales
Ingrained lessons of old
Longings for folk songs
Sticking clans together
Seemly urging children on
So royal and loyal
Ever darling
Ageless in loving art
Very well I know
True friendship survives
Life's poisoned arrows

## 43. Confidence Do Not Desert

Mighty trees crashing
My heart pounding
Savage creatures
Ravenous wolves
Eaters of hope
Licensed bullies
In brazen quest
For our souls
Bounteous booties
Shared by scavengers
Cling to the sterling ray
With all keen rapture
To steer your course
My will, stay
Never stray
Will thou?
Will thou?
Yes! Yes! Yes!
To dishonor deserters
Do not kotow
Make your head erect
Trap the glow
Remember the vaunts
The parades in streets
Shut out raucous shrieks
And sayings of aha- aha
Cling to the sterling ray
With all keen rapture
To steer your course
Noise frightens
Noose tightensPath becomes slippery
Share the spark
With celebrants of honour
Visioning day of glory
Confidence, do not falter
Let the ember glow
Cling to the sterling ray
With all keen rapture
To steer your course

## 44. What is your Name?

All contestants are present Roll call begins in earnest Greeted by ovations and boos
First, the men leading polis ${ }^{100}$
Wise or rather full of wiles
Bringing gains of prizes or Passing pains round as succour Their cenotaphs fill squares
Next are the explorers
Valiant itinerant Phoenicians 101
With goods, troops, and arms
Apt to litter streets with alms For countless victims of harms Then those who tune hearts Setting props, keeping tracks Cynosures of all keen watchers Made to see only their guises Never inferior are the inquirers Ever search new lands and paths
To make many sights stronger
In quest for new lease of life
Opening pages of minds and
Enriching with many thrills
${ }^{100}$ Polis. This is what a Greek city-state was called. It was a typical place for ancient Greek community life.
${ }^{101}$ See footnote 66

Visionaries are not the least Experts at multicolour views Leaders in many directions Queried in sundry perversions Teeming are their tenacious fans Ready to clap, also eager to jeer After the proverbial stories close Festival with odes commence Rhythm of dirges fouls the air Somber is the demeanor of all And the whisper enters my ear 'What is your name?'

## 45. Succour

> I have seen in her beauty Heart-pouring smile Yes, her words soothes Heart a deep well
> She seems always near
> Aeneas ${ }^{102}$ leaves after many days
> Confines Dido ${ }^{103}$ to eternal gloom
> If this track she`s set to tread
> When she's so much present
> My grief is not to be brief
> The crave is in vain for succour
> If she comes to stay
> And virtue she treasures
> More than life
> Tell it in the open
> Carry it fast with the wind


#### Abstract

102 Aeneas is a Trojan hero in Greek mythology that was born by the goddess Aphrodite to Anchises, the herdsman. Zeus makes Aphrodite to fall in love with Anchises as a punishment for making all Greek gods fall in love with mortal women. According to the lliad, Aeneas led the Trojan Dardanians and was Hector's right hand man. Having been protected throughout the war by Aphrodite, he is next found in the Roman literature by Virgil, the Aeneid, travelling to Italy where he settled in the region that his descendants, Remus and Romulus founded Rome on. ${ }^{103}$ Virgil, in the Aeneid relates the story of a Phoenician woman, Dido, falling in love with Aeneas when he landed in Africa in the course of his journey. At the command of Jupiter, Aeneas jilted Dido and she consequently committed suicide.


# To hills and mountains She is the apple <br> Delight of all times <br> In tender-loving heart <br> Her lodging shall ever be 

## 46. The Love of My Life

Are they bastards?
Do they have any rights?
Infatuation crowned as love?
The word makes me weary
The thought is my groan
Tell me no more
And I shall not ask again
Oh, no, I speak yet of it
It's more than looks
Far grander than steps
Word that humbles heart
So, tell me loud, clear
That you love me
I want nothing more
Tell me your breath is mine
And I give my heart
Tell me you like to sing
Drummers are summoned
Tell me you want to dance
I'm the Bàtà ${ }^{104}$ of Dance
Why wouldn't I sing?
Why wouldn't I dance?
For the breath of my life
${ }^{104}$ Bątà. Yoruba word for shoe.

## 47. Kv̀kv̀té ${ }^{105}$

## Kı̀kùté!

You remain valiant
As they rush on you
From nooks and crannies
Devious, endlessly relentless
Igba oko ${ }^{106}$, Igba `adá107
All set to harass you
Firm your course remains
Mountain that never shifts


#### Abstract

${ }^{105}$ Kukute is the Yoruba word for a 'stump'. The Yoruba axiom, 'e ni mi kukute ara e lo mi', (anyone who shakes a stump is in reality shaking himself) conveys the sense of a person being unassailable, unmovable, unwavering. A tree may be uprooted when strong wind blows. Kukute is different. After a tree is cut down, removing the small part of the trunk with the roots still in the ground is another huge task. Some make use of a stump grinder, while others use stump remover. When stump remover that is mostly made of powdered potassium is used, it would require drilling holes in the stump and pouring the granules in the holes and filling the holes with water. After four to six weeks, an ax is used to break the rotten wood. Another method which could complement the foregoing is pouring kerosene or fuel on the drilled stump and setting it on fire. When this method is used, the stump smolders and leaves charcoal in the ground. Such are the strenuous efforts required to uproot the kukute. Unlike a tree, it can never be blown over by the wind.


${ }^{106}$ Igba poọ́ is a Yoruba expression that means 'two hundred hoes'
${ }^{107}$ Igba `adá is a Yoruba expression that means 'two hundred cutlasses'. Igba pkọ́, Igba `adá, as used in the poem suggests aṇ overwhelming attack.

Before the king's adversaries With boasting threats flying Face betrays no trembling Hot chase refuses to cease Neither the executioner's heat
Yet, your life is unreachable
No blinking, no swerving, Sun
Steadfastly you shall stand
Not for six but seven days
To cover boundaries of loyalty Kv̀kùté does not yield But what is Kòkv̀té?
Who are you kukute?
The truth is Kı̀kòte
Kùkv̀té is a stump
He who jerks Kv̀kv̀té
Is kicking against ox goads

## 48. It is No More Secret!

Let it burst<br>Let it ooze<br>From the abyss of heart<br>Ease bones and marrows<br>In constant nagging plagues<br>Relief ever stretched muscles<br>Soothe burning nerves<br>The chorus ${ }^{108}$ knows so much How it inflames the body<br>Longing for potentate deliverer<br>Crying all day long for the rescuer That catharsis ${ }^{109}$ should come

[^33]> To lead temperate souls home With minds purged of affliction Free of tyrannical dominion Incarcerating therapeutic tidings Leak out the holy secret and Make real eternal manumission Roam the streets with the news Shout loudly from the acropolis Spread it all around the Agora Fill minds with love-cheers
> So, now and now
> Again and again
> Let it burst
> Let it flow...

[^34]
## 49. Arete ${ }^{110}$

> Hostile friends all around Rebuff the strange choice Pummeling gentle spirit
> Weight bearing call to quit Select walk on a tight rope Decades' journey to senility And yielding at last in peace
> To tenacious bait of deep sleep
> Yet, in the rigid claw-grip
> Remains the glee of lifetime
> Someone tears Bingo ${ }^{111}$ from Bone? Or, Monkey divorces Banana?

[^35]Upon ethos is the endless standing In defiance of ominous eruptions Terror issuing from Agamemnon ${ }^{112}$
The commander mourning booty Upon the honour the stand-up
To constantly nurture goodwill
No space shall be for conceding
In bottomless heart of obedience
To the unfailing supreme law
For the way better than life Path to perpetually thread The rain shall fall heavily Trees may tumble in panic And darkness visits in daytime Yet, stiff the course becomes Never the waves of the sea

[^36]
## 50. Distress Ends

Through the nerves<br>Emotions slide down<br>Decelerate the pace Thoughts stifle at nursery

# Agony that is age old Pitches tent to scorn Tormenting delights Grief becomes illustrious 

Day turns to marathon Night befriends Fright The associate of Disquiet No balsam in Gilead ${ }^{113}$ ? Behold Respite angel Comely and hastening

[^37]
# Firmly holding scepter 

 To install Relief as kingFriends are all around
Glad reports light faces Hope comes to stay
Ray shall never betray
The gloom exits
The ray triumphs
Exultingly; and So ends the night

## ABOUT THE AUTHOR

Gill Oluwatosin Adekannbi is a Lecturer in the Department of Classics, University of Ibadan, Ibadan. He situates "The Gloom and the Ray" within a largely Classical world to portray the dark and the bright sides of life. The collection of poems ends on the note of triumph of light over darkness.


[^0]:    ${ }^{1}$ Goliath is biblical allusion to the David-versus-Goliath scenario. The glory of the might of the giant champion of the Philistine army, who taunted the battle line of the Israelites, faded away like race medals. A shepherd boy humiliated him in no time.

[^1]:    ${ }^{2}$ Guardian Spirit. The ancient Romans believed in a guardian spirit whose duty was to protect an individual right from birth. Guardian spirits in Roman times were held to be tutelary deities who served as patrons or protectors not only for individuals, but also for cities and places of great importance. A person or a city could have as many as tutelary deities considered necessary, upon whom all honour was bestowed, to guarantee safety. The belief, similar to belief in guardian angels, was principal in Roman religion and particularly relevant to the people in times of war and crisis.
    ${ }^{3}$ Lares. These were guardian deities in ancient Roman religion that were associated with hearth, fields, boundaries or fruitfulness and other activities and locations. They are also sometimes viewed as ancestor-deities. The guardian spirits were expected to closely keep an eye on events in their jurisdiction, safeguard and maneuver happenings in the interest of their adherents. The statues and presence of the Lares were ubiquitous: they were seen during family meals and were believed to be on hand at important family functions.

[^2]:    ${ }^{4}$ Mis-fortunes. The prefix, mis-, just like 'mis-' has 'ill' as one of its meanings. It also conveys the sense of 'bad'. 'Misfortune' then literally means 'ill' or 'bad' fortune. 'Fortune' comes from the Latin word 'Fortuna', the name of the goddess of fortune and representation of luck or chance in Roman religion 'mistaken'. The goddess is portrayed as veiled and blind, playing ambivalent roles of bringing good and bad. Hence, 'misfortune' then refers to calamities originating from the goddess of luck, Fortuna. While the Romans would seek favour from Fortuna, in all spheres of their daily life, they sought protection against the calamity the goddess might wreck from the Lares.

[^3]:    ${ }^{5}$ Masada. This is the Hebrew word for fortress or fortification. Historically, it came to be known as the final stronghold or the last pocket of Jewish resistance against Roman invasion after the destruction of the temple that was rebuilt by Herod the great in 70 CE. The Romans took Masada desert fortress in 74 CE and this really meant the decisive end of the ancient city, Jerusalem.
    ${ }^{6}$ Jerusalem. The name Jerusalem is used symbolically in the Bible. The Christian Apostle Paul refers to a 'Jerusalem above;' (Galatians 4:25, 26). Revelation 3:12 also mentions Jerusalem in a grand ethereal setting as 'New Jerusalem'. The contexts of the foregoing references depict a Jerusalem that is, far from being under any siege, radiantly poised to record a glorious decisive victory and usher in untold blessings.

[^4]:    ${ }^{7}$ Dynamos. This is the plural of the word dynamo that is fittingly used for a person that is full of youthful vigour, having the physical strength at its peak
    ${ }^{8}$ Legions. See footnote 11
    ${ }^{9}$ Hades. See footnote 4

[^5]:    ${ }^{10}$ Quadratilla. Ummidia Quadratilla was a wealthy and influential Roman woman who was known for luxurious lifestyle common to the upper classes. Without any intended allusion to her personality, her name is simply used for the overbearing cbaracter of the poem.

[^6]:    ${ }^{11}$ Hercules, In Greek mythology, Hercules, a demi-god is the son of Zeus and a mortal woman, Alcmene. He is famed for performing extraordinary tasks, which included wrestling with Death and visiting the underworld twice, during his difficult life course.
    ${ }^{12}$ Somnus is the Latin word for sleep.

[^7]:    ${ }^{13}$ Agora was one of the prominent features of the ancient Greek polis. It was the township-centre where many of the people, especially the nobles, usually resided. The town square was an open space or, according to the literal meaning of the word, a 'gathering-place' with easy access to all citizens when meetings were called. An 'agora' was also known as a centre for sports, entertainment and political life of the city-state.
    ${ }^{14}$ Jehu, the son of Jehoshaphat, in the biblical account received the commission to spearhead the elimination of the whole house of Ahab, including Jehoram and Jezebel. This was at the time when the nation of Israel was under the wicked influence of Jezebel who promoted the Baal cult, killed God's prophets and corrúpted the people with her 'fornications' and 'sorceries'. (2 Ki. 9:22; $1 \mathrm{Ki} .18: 4$,

[^8]:    ${ }^{15}$ Nunu or, in full, Fura de nunu is a popular local drink made from unpasteurized cow milk, common in the northern part of Nigeria. The dairy remains the delight of many homes in the north and in other places among the Fulani herders.

[^9]:    ${ }^{25}$ Polynices and Etiocles. See endnote 48 above
    ${ }^{26}$ Marathon. See footnote 27

[^10]:    ${ }^{27}$ Hoplites were the Greek soldiers with heavier armours who, by $8{ }^{\text {th }}$ century BCE, fought in close formation and gave foot soldiers stronger protection.
    ${ }^{28}$ Dis-aster. Dis- is a Latin prefix that expresses negation. In the English language word disaster, it combines with astrum (Latin) to convey an astrological or augural meaning of imminent misfortune; rendered 'bad star'. 'Disaster' is now generally used without astrological connotation to express a great loss or catastrophe.

[^11]:    ${ }^{29}$ Sicily. By 750 BC, Phoenician and Greek colonies occupied this expansive island in the Mediterranean Sea. Sicily was the scene of the Greek-Punic wars (First: 480BCE, Second: 410BCE) as well as the wars between the Romans and the Carthaginians ( 264 BCE and 146 BCE). Of particular interest was Athens' aggression when she embarked on the great expedition against Sicily between 415-413. This turned out to be the worst misadventure in Athenian history. According to Plutarch (Life of Nicias, 23), the sudden appearance of the moon eclipse caused superstitious fear in the Athenian General, Nicias, and resulted in demobilisation that led to the greatest casualty. This is a historical instance of how a superstitious leader can ruin blind followers.

[^12]:    ${ }^{30}$ Epicurean. This an individual who subscribes to the philosophy of Epicurus who saw the greatest good in human life as happiness that is attainable through pleasure seeking.
    ${ }^{31}$ Roman games. The games refer to violent gladiatorial shows which the Romans used supposedly to reenact or relieve vicious war experiences, even in times of peace. With gory scenes at the theatre, the Romans through their entertainment depicted the vicious human nature that 'manifested in the Romans' treatment of captives and political opponents.

[^13]:    ${ }^{34}$ Panacea. See footnote 24

[^14]:    ${ }^{38}$ Nemesis in Greek mythology is the goddess that personifies indignation against evil deeds and retributions when fortune favours a person who does merit it. Nemesis as the goddess of vengeance represents the feeling of resentment that surfaces when crimes that are committed seem to go unpunished or the fortune acquired is viewed as excessive or undeserved. Nemesis determines the measure of happiness and unhappiness humans get, striking the equilibrium and making sure neither is in excess. Hence, she is seen 'balancing' joy with sorrow, bringing losses and suffering amidst surplus, denoting prosperity.

[^15]:    ${ }^{39}$ Ambitus in ancient Roman law refers to an electoral corruption, a crime which involved a candidate using bribery or other unethical means to make the outcome of an election favour him.
    ${ }^{40}$ Largitiones, the plural of the word largitio, is used for the various forms that electoral bribery may take in ancient Rome. As part of the attempt to influence electoral results, politicians resorted to distribution of dole and various expressions of generosity, particularly by the time of election.

[^16]:    ${ }^{49}$ Hubris in modern usage is often associated with arrogance or a lack of humility. It is also used to designate rash behaviour stemming from pride or presumptuousness and insolence that belies lack of good judgment. In Greek mythology, such conduct is often portrayed as intended at disparaging the gods or humans. Retributions usually follow. Hubris in Greek tragedy is often the major flaw in the heroes who tend to see themselves as superior to every other person, including immortals. This is reflected in the way they perceive and handle matters at crucial points. With the inflated, super arrogance that obscures virtues in them, they unwittingly set the stage for the precipitous downfall that elicits emotion of pity. Therein lies the tragedy.
    ${ }^{50}$ latros. The Greek word means 'healer' or 'physician'. 'latro-', its combining form may bring to mind an English derivative, 'iatrogenic', which relates to sickness that results from medical examination or how a doctor manages a patient. Another combining form of 'iatros' is '-iatric' which functions as a suffix.

[^17]:    ${ }^{52}$ Vituperata. This is the accusative neuter plural of the Latin word 'vituperō': 'I censure' 'I scold', 'tell off', 'blame' 'I disparage', 'find fault with'. The English derivative of the word is 'vituperate', which means verbal use of strong or violent expressions to blame or insult someone. This may regrettably be the lot of a patient seeing a superb doctor (perhaps, 'superbus', the Latin word for 'proud' or 'arrogant' is intended) who chastises lambastes, reprimands, castigates, scolds or resorts to any other use of words that may demean the patient, extinguishing self-esteem. The irony today is that patients are often exposed to 'vituperata' when they deserve 'hospitium'.

[^18]:    ${ }^{53}$ Martial Festival. Martial is derived from the genitive of the Latin Mars (Martis). Mars is the Roman God of war and the expression, martial festival, evokes the incessant military coups, civil wars as well as bloody factional strives in Africa.
    ${ }^{54}$ Iphigenia. According to Greek mythology, at Aulis, the Greeks could not obtain a favourable wind to set sail to Troy during the Trojan War. Calchas the seer on being consulted identified the cause of the Greeks' plight as Agamemnon's provoking the goddess Artemis when he killed a sacred deer. The goddess decided to stop all winds and the seer told Agamemnon that he would have to sacrifice his daughter,

[^19]:    ${ }^{58}$ Am hae'a'rets. While the Hebrew expression may simply mean 'the people of the Land' or 'the general citizenry', it is used as an expression of disdain for lowly, poor people who were not learned in the Law or who did not live by the rabbinic manmade traditions (Mt 15:1, 2; John 7:49).

[^20]:    ${ }^{59}$ Dark Ages. Also known as the Homeric Age, usually dated between c.1100-c.800 $B C$, Dark Ages is typically viewed as 'dark' in the sense that very little is known about it. The period was generally characterised by illiteracy, the fall of the centres of power, continuous petty warfare and migrations of tribes. However, oral epic poetry that events of the time was composed, recited and transmitted by illiterate

[^21]:    68
    Veterans. Roman expansion into North Africa started in an atmosphere of uneasy relationship between two super powers along the Mediterranean, Rome and Carthage. The jealousy and the unhealthy rivalry that existed between them culminated in a series of three wars known as Punic Wars which began by 264 BCE. At the end of the wars in 146 BCE when Carthage was destroyed, Rome became the undisputed master of the world and took over control of Carthaginian territories in Spain and established its first African colony, Africa Vetus, in the most fertile part of what was formerly Carthaginian African territory. Although the remaining territory of Africa was left under the Numidian client King Massinissa, the freedom of rule of his successors began its final journey to the end after the Jugurthine War in 106 BCE. Upon the death of Jugurtha, much of his African territory was placed under the control of King Bocchus of Mauritanian, a Roman client. Roman foothold in Africa was made stronger when at the same time Rome gave land to the veterans of Marius' Legions, settling them along the Numidian territory. Thus, a solid foundation was laid for the Romanization of the Africa that was to become the granary of the Roman Empire, paving way for colonialisation.

[^22]:    ${ }^{70}$ Bashan. Here is an allusion to some Biblical references to Bashan. This region in ancient times was well-known for its extensive fine pasture-land and throve in powerful young bulls and other livestock, such as sheep and goats. Due to its fertility, grain was produced in abundance and it became known as a source of rich supply of milk and butter; a veritable breadbasket (Jeremiah 50:19; Micah 7:14; 1 Kings 4:7, 13; Psalm 22:12).
    ${ }^{71}$ Pudenda. The singular form of the word is pudendum. While 'pudenda' is used to refer to the external genital organs, the derivative form of the Latin word, 'pudere' means to be ashamed. Hence, 'pudenda' may represent objects of shame or anything reproachful. The aphorism, 'afefe ti fe, ati ri furo adiye' in Yoruba, translated in English as 'the wind has blown and the anus of a chicken is now exposed', apparently captures a similar sense.

[^23]:    ${ }^{72}$ Helen. The extraordinarily beautiful ancient Greek woman, Helen, is usually portrayed as a good looking woman who dresses attractively. While one myth has it that she was abducted to Troy by Paris who was captivated by her beauty, another myth has it that she is a fickle minded woman who was persuaded by Paris to abandon her matrimonial home, including her nine-year old daughter. This act enraged Menelaus her husband who summoned all the Greeks to the legendary Trojan War that drenched the earth with the blood of many heroes. In contemporary society, amorous, or extramarital relations are formed and marriages broken for the slightest of reasons.

[^24]:    ${ }^{73}$ Italian Janus. Janus was the Roman god after whom the month of January was named. The god was associated with beginnings and endings as well as with gates and doors having two sides. With this appearance, it was reasoned that a phase of life must end before another begins; no middle ground. Janus similarly had two faces: the one looking backward depicted his leaving behind the events of the past year, while with the face looking forward he envisions a prosperous year. The beginning of the day, month, and year were believed to be sacred to him, hence, it became a time of making out gifts and expressing wishes of good fortune for the year ahead.
    ${ }^{74}$ Caesar sets the cornerstones. Julius Caesar in 46 BCE, with the introduction of the Julian calendar, established January 1 as the New Year in the Roman world.

    75
    Barbarians. The New Year festival that lasted for three days in spheres of Roman influence was an occasion for slaves and masters to temporarily set aside their social differences and dine together. As they laid aside societal discriminatory rules, individuals of various social backgrounds could then do they pleased by engaging in licentiousness. Similar activities of modern New Year celebrations are testimonies to how far reaching the spirit has become.

[^25]:    ${ }^{76}$ Fortuna. Fortuna was the goddess of fortune and epitome of either good or bad luck in Roman religion. It was believed that, similar to that of her father, Jupiter, her office catered for the Romans who desired bountiful harvest during the New Year. Hence, the people supplicated her for protection of their grain supplies. However, in their expectations, the believers also took cognizance of the uncertainty the goddess foreboded as a symbol of the life changes that constantly alternated between success and calamity.
    ${ }^{77}$ Cross the Tiber. This expression is used to refer to what happened during the festival in honour of Anna Perenna (the Roman goddess of long life and regeneration, health and abundance), which held on the first day of the year (then, March was regarded the first month of the year). Both men and women engaged in profligate activity and there was that practice of crossing the Tiber River and going abroad to a place such as Etruria in order to picnic in makeshift shelters. This offered opportunities for indulging in gluttonous consumption of alcohol after which inebriated Romans groped their way back home.

[^26]:    ${ }^{78}$. Bacchus was the Roman god of wine, merrymaking or revelry. Ancient Greeks knew him by the name Dionysius. The festival of Bacchanalia that was held in his honor often led to debauchery and was a harbinger of all forms of crimes and political disturbances in Italy. Bacchanalia, (see footnote 92) the festivals of the Greco-Roman god were known as Bacchanalia. The events, also called Dionysia, were occasions for Roman, licentiousness and intoxication. In 186 BC, the festivals became so ill-famed for orgies that the Roman Senate outlawed the Bacchanalia in the whole of Italy.

[^27]:    ${ }^{80}$ Eros. According to Greek mythology, Eros, the son of Aphrodite the goddess of love is known for mischievously bringing both gods and mortals together in illicit 'love' affairs. Eros and his Roman counterpart, Cupid, could be used to exemplify sexual power or desires that may become unguided.

[^28]:    ${ }^{87}$ Hera. The wife of Zeus in Greek mythology, although generally known as goddess of marriage and childbirth, never had a peaceful home. Her husband's cases of extramarital affairs brought out the worst part of her as she was involved in many stories that earned her the reputation of a troublesome, jealous and vengeful woman.

[^29]:    ${ }^{91}$ See footnote 79

[^30]:    ${ }^{95}$ Telemachus, Odysseus's son, who is about twenty at the beginning of the story, was an infant when Odysseus departed to Troy. He has grown without the training and experience engendered by father-son relationship. Although he manages to muster up courage, tact and good heart to constitute an obstacle to the suitors' despérate efforts to woo his mother, his initially lack of poise and confidence to

[^31]:    ${ }^{96}$ Yẹ̀yẹ́. This Yoruba word is used to express ridicule, mockery, sarcasm or derision. While other meanings of the word are discernable in the poem, the sense of sarcasm as a form of outward praise that masks a contemptuous feeling is more intended.
    ${ }^{97}$ Pẹ̀ẹ́. The expression in Yoruba is often used to express 'sympathy' or 'fellow feeling' to someone who is experiencing some difficulties, or who has just suffered an injury or other discomforts. It may also sometimes be used sarcastically to suggest pathetic view of the action of someone who thinks he is clever.

[^32]:    ${ }^{99}$ Amicus is a Latin word that means 'friend' 'a loved one' or 'loving one'. 'Amicus' has a range of English derivatives that really convey a deep sense of friendship. For example, 'amity', is the kind of friendship that exists, not only between people, but may also found in animals' world. 'Amity' connotes cooperation and support that are engendered by mutual affection and respect founded on good knowledge that the individuals in a relationship have about each other. In crisis situation, such elements of 'amity' are expected to be displayed.

[^33]:    ${ }^{108}$ Chorus. The ancient Greek drama began with only one actor occupying the stage. With the passing of time, the number increased to three and no more than three even at later dates. This made the role of the chorus very prominent. Since an actor would have to play several roles, the chorus needed to distract the audience when an actor went off-stage to change his costumes or prepare for the next role. The chorus during the interval became the playwright's mode of communication through whose commentary on actions and events that were taking place the audience was helped to have a better comprehension of the drama. Hence, the playwright used this device, not only to achieve some literary complexity, but to also present the societal views on moral and cultural standards to the audience. The chorus interpreted the storyline, putting time meaning into it and bringing about the desired emotions in the audience by controlling the atmosphere, the tempo and expectatjons of the audience.

[^34]:    109
    Catharsis. This concept from Aristotle's Poetics has often been considered difficult and controversial. However, no definition of 'catharsis' has left out the idea of arousal of pity and fear in a tragic drama. This is often referred to as purgation of the emotions of pity and fear that are aroused in the audience who identifies with the tragic character, is awed by the character's experience and moved to sympathise with him; imagining being in a similar situation. Apart from easing out the emotional anxiety of the audience over the imminent catastrophe of the tragic hero, catharsis is conceived as playing a positive psychological function of ridding the minds of or, at least, providing warning against the flaws that lead to the tragedy. It becomes the emotional relief that stems from having a realistic view of self, and a mode of self realisation which experienced by individuals.

[^35]:    ${ }^{110}$ Arete ( $\left.\dot{\alpha} \rho \varepsilon \tau \mathfrak{n}\right)$, was the goddess who personified virtue in Greek mythology. However, the word has often been used as a term in Greek literature to denote character at its best. It is a combination of qualities such as valor and virtue. 'Arete' also represents 'moral virtue' or 'excellence' of any kind. It refers to the sense of fulfillment at the 'peak of achievement'; 'utility' or realisation of individual's 'full potential' (Odyssey, 13.42). While the word is often linked to 'bravery', it is associated more with 'effectiveness'. 'Arete' is used to judge an individual's action in whatever context, taking into cognizance its effectiveness. It is equated at other times with human knowledge, since knowledge is seen as virtue, 'Arete' is therefore also linked with virtue.
    ${ }^{111}$ Bingo. In the English children's folk song, 'There Was a Farmer Who Had a Dog', 'Bingo' is understood as the name of the 'farmer'. However, 'Bingo' has been used over time in the western part of Nigeria as a name of a dog. 'Bingo!' 'Bingo!' 'Bingo!' is a way of summoning a dog.

[^36]:    ${ }^{112}$ Agamemnon. See footnotes 26, 55, 94.

[^37]:    ${ }^{113}$ Balsam in Gilead. The Greek word, $\beta \dot{\alpha} \lambda \sigma \alpha \mu \circ v$ can be traced to a combination of two Hebrew words, namely, 'baal', which means 'lord' or 'master' and 'shemen', which means 'oil'. Hence, balsam literally can be rendered as 'Lord of Oils', signifying the reputation of balsam as finest of oils in antiquity. 'Balsam in Gilead' or 'Balm of Gilead' was a precious medicinal perfume that was produced in the region of Gilead in Bible times. In addition to its use as perfume, it was also popularly used in treatment of wounds because of its curative properties. Fittingly, then, there is allusion to its healing power in the Bible when Jeremiah laments over the dearth of spiritual remedy to his people's plight (Jer. 8:22)

