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AND NEWBORN HEALTH**

EDITORIAL TEAM

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Promoting Universal Access to Maternal & Newborn Health

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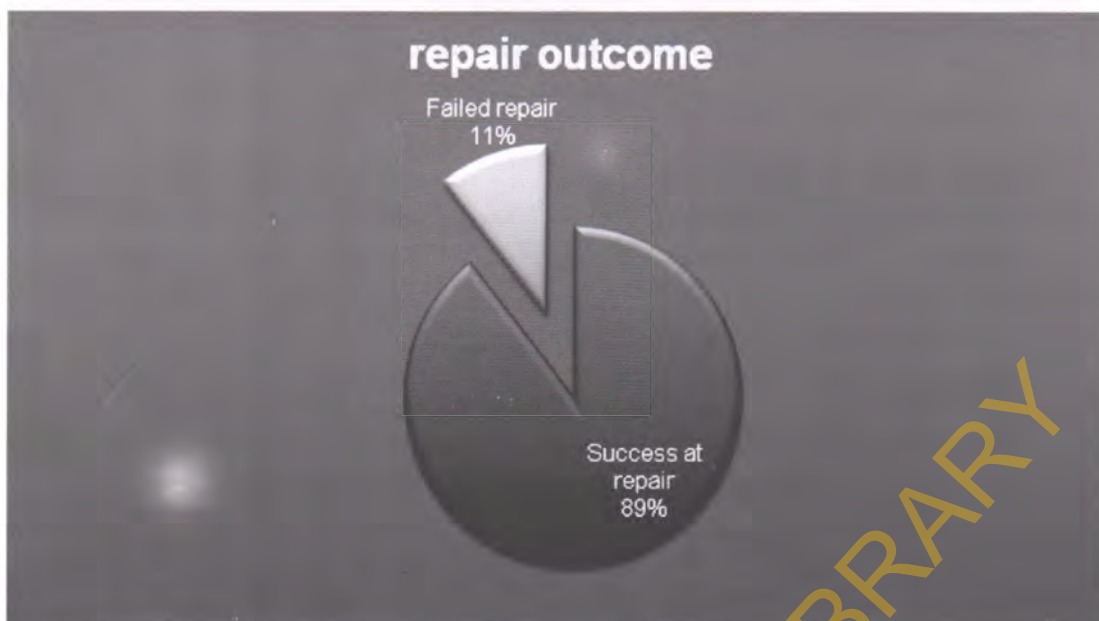
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- The bacteria isolated included Escherichia coli (47.3%), Proteus (21.1%), Pseudomonas species (21.1%) and klebsiella (10.5%)

#### RESULTS

- Then a repeat urine microbial study on the 11th day of surgery revealed persistent significant bacteriuria in 5(26.3%) out of the 19 initial positive samples (this excludes the 12 patients treated for UTI who equally had repeat microbiological analysis)
- Fourteen (73.7%) of the patients urine culture yielded no significant bacterial growth after 10days therapy with ascorbic acid.

#### CONCLUSION

- The findings from this exploratory study suggest that ascorbic acid may play a significant role in the reduction of asymptomatic bacteriuria among VVF patients.
- It calls for more elaborate studies with larger sample size on the efficacy of ascorbic acid in treatment of asymptomatic bacteriuria among VVF patients.
- It equally calls for a long term follow up of treated VVF patients for urinary tract infection or pyelonephritis in the light of the possible progression of asymptomatic Bacteriuria

PL-04

### **SEXUAL PRACTICES TO ACHIEVE CONCEPTION AMONG PEOPLE LIVING WITH HIV IN IBADAN.**

Temitope I. Akinola, Olutosin A. Awolude, Olubukola A. Adesina, Isaac F. Adewole

#### BACKGROUND

- Improving quality of life and changing sexual and reproductive behaviour and decisions among People Living with HIV (PLWHIV) are fast becoming realities in our environment.
- Among such decisions is procreation .
- For us in developing Country, especially Nigeria:
- It is important to understand the ways by which PLWHIV achieve their fertility desires.
- It is also important to understand the associated determinants.
- This is because of the need to balance successful conception without increasing the risk of heterosexual and vertical HIV transmission.
- This study assesses the sexual practices in achieving conception by PLWHIV and the implications of these on the principle of safer sexual practice.

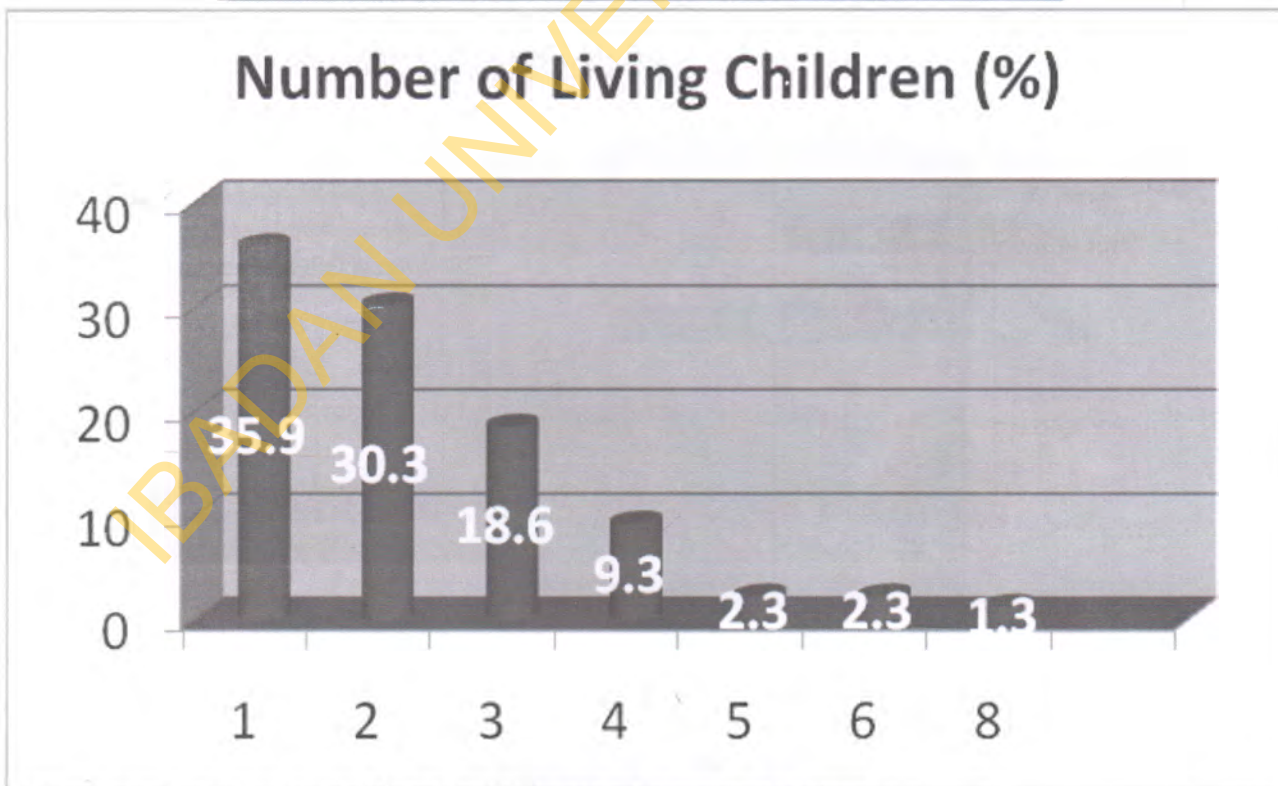
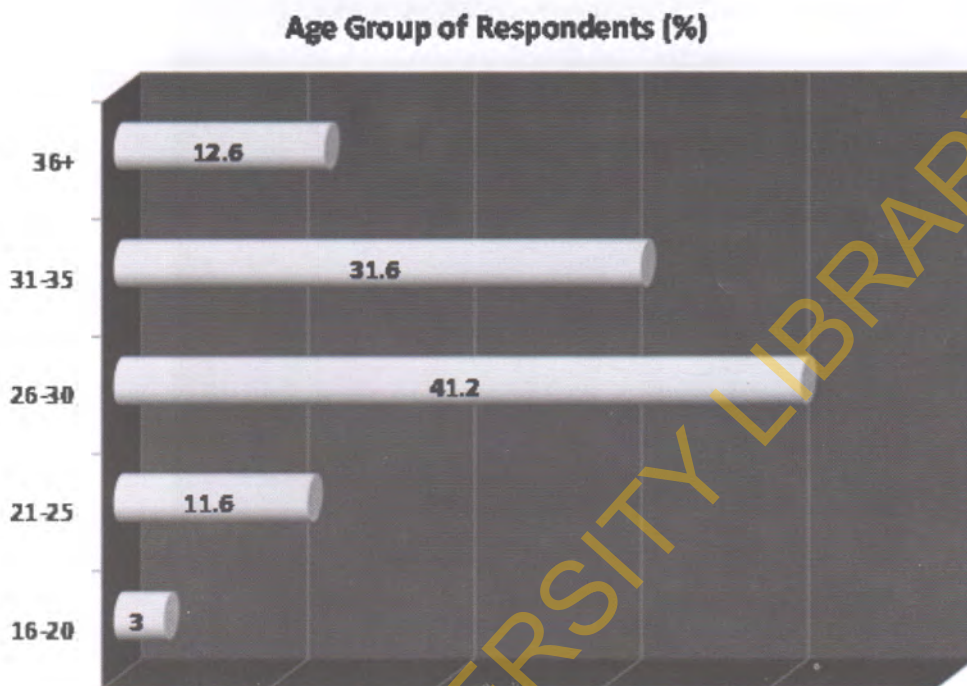


**OBJECTIVES**

- The objective of the study was to assess
  1. The sexual practices in achieving conception by PLWHIV
  2. The implications of these practices on the principle of safer sex.

**METHODOLOGY**

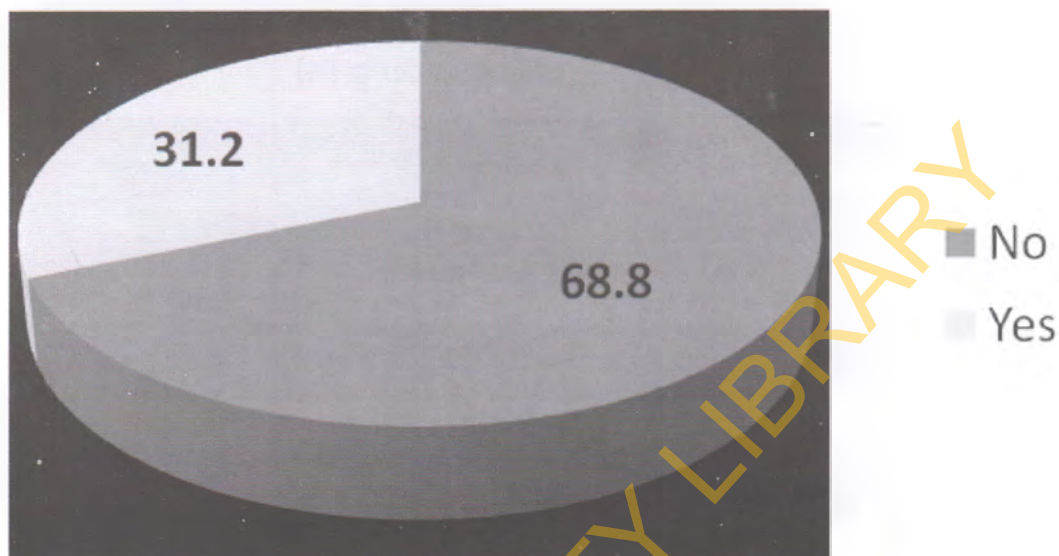
- The study was carried out at the PMTCT clinic of the UCH-PEPFAR partnered ARV clinic between June-December 2009.



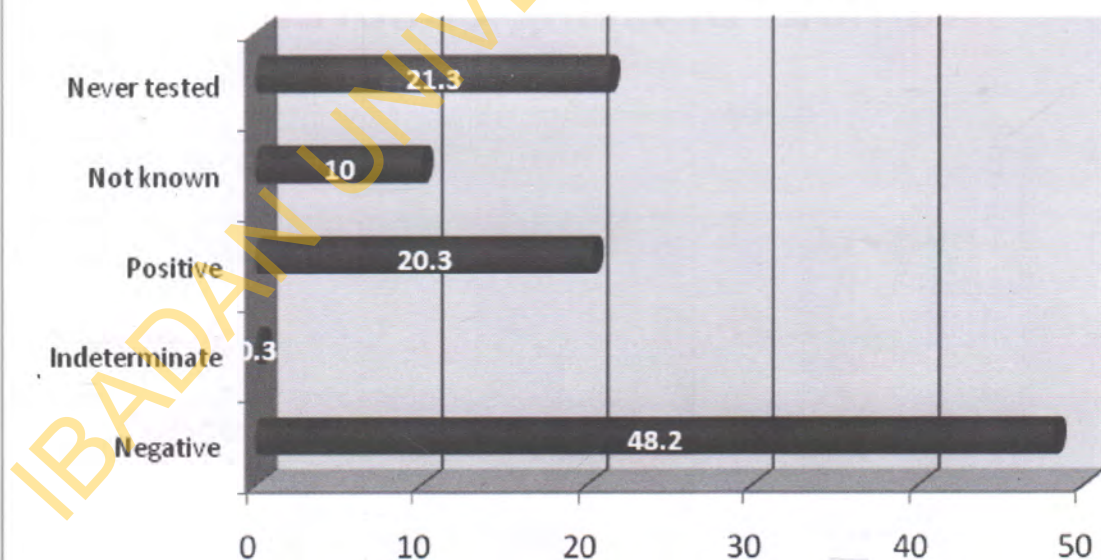
- The survey was carried out on 301 female PLWHIV using a 20- stem questionnaire.
- The inclusion criterion, among others, was that the respondent must have been enrolled in the program for a minimum of 6 months prior to conception.

**RESULTS**

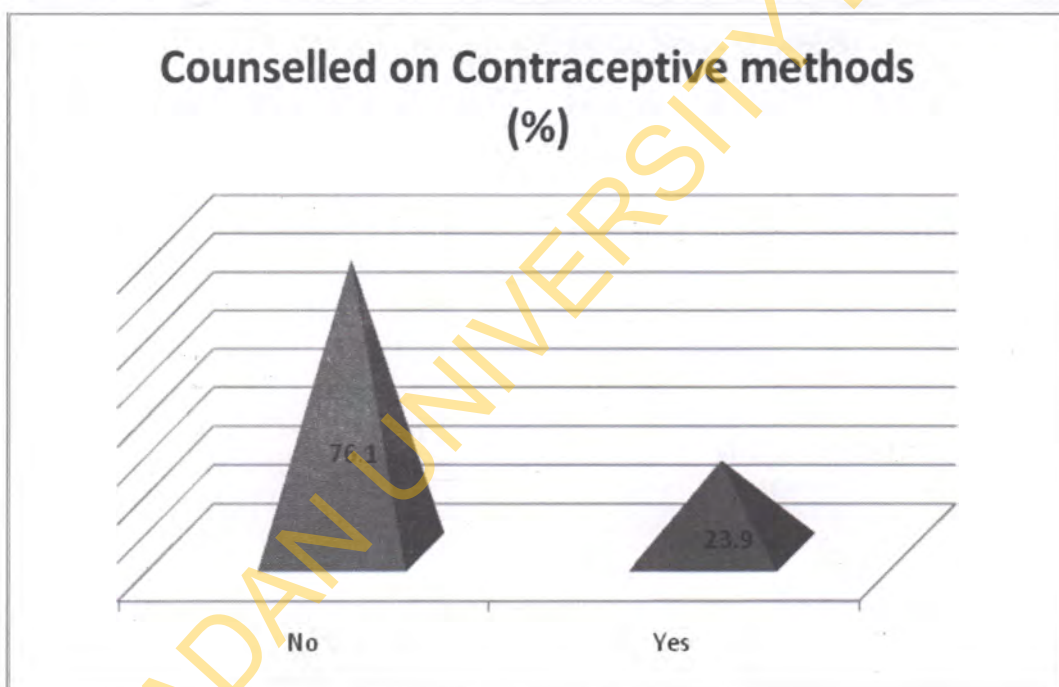
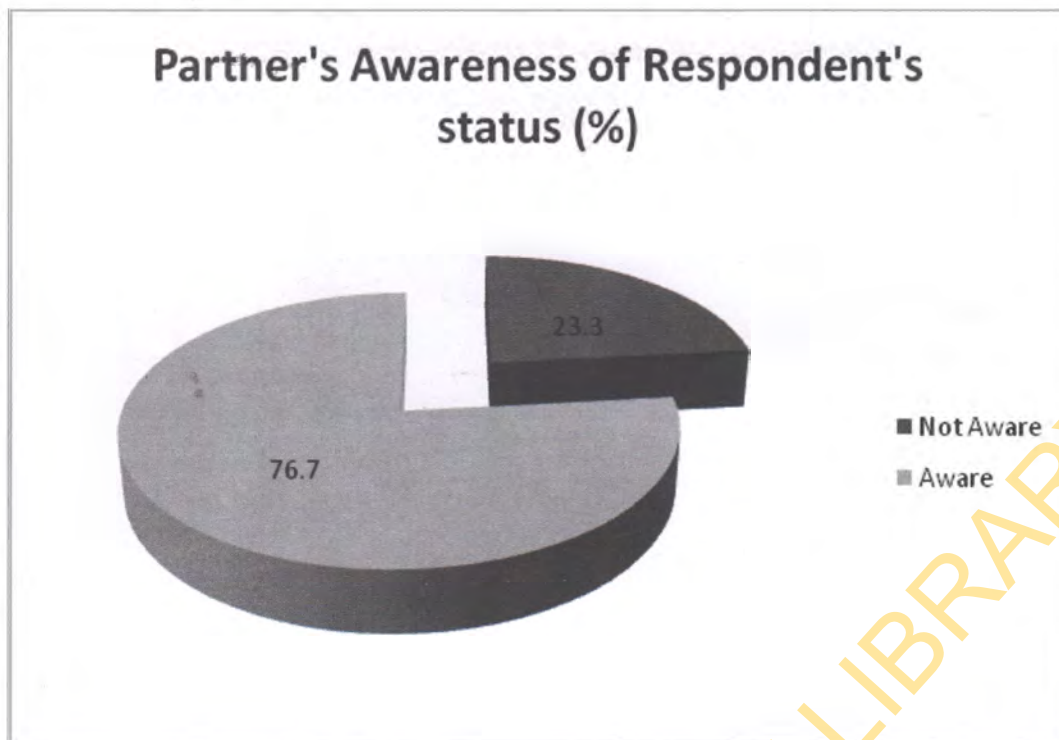
### Awareness of Viral load at conception (%)



### Partner HIV status (%)



- The mean age was 30.32 ( ±3.2)years.
- Majority ( 67.4%) of the pregnancies were planned.
- Most of the women were not aware of their viral load before conception (68.8%).
- Having more children was the reason for getting pregnant (61.4%)
- Majority had more than 3 children before getting pregnant again.
  
- The number of living children had no significant effect on desire to get pregnant again.



- Unprotected sexual intercourse (94.4%) was the mode of getting pregnant while .
- Majority (48.2%) of the partners were HIV negative and 231 (76.7%) of the respondents had disclosed their HIV status to their partners before getting pregnant.
- Two hundred and eight (69.1%) respondents had no counseling on contraception methods but 182 (60.5%) had been using contraception since HIV diagnosis.
- 153 (50.8%) of the respondents used condom as a form of contraception.
- The use of HAART was positively correlated to desire to get pregnant ( $p=0.004$ ).

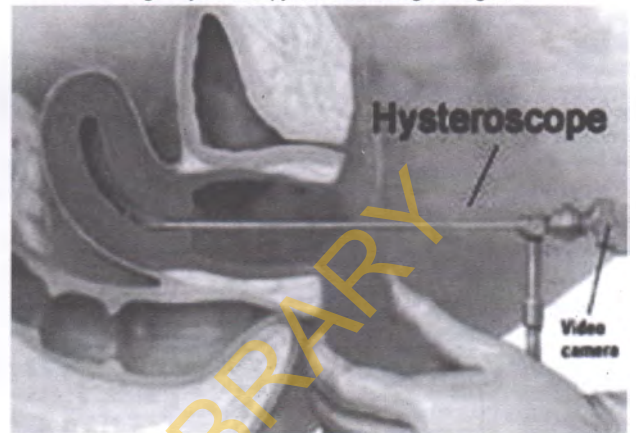
**CONCLUSIONS**

- The study showed that being HIV positive has no negative effect on PLWHIV fertility desires.
- However, there is need to strengthen safer sex practice counseling.
- It is also important to make provisions for risk reduction fertility procedures to ensure a good balance of achieving desired reproductive right and preventing heterosexual and vertical HIV transmission.

ACKNOWLEDGEMENTS

- My co-authors, The staffs of APIN Plus/Harvard PEPFAR Program, Management of University College Hospital, Ibadan, Nigeria, The Patients, Organisers of 45th SOGON 2011 Conference

Fig 1:Hysteroscopy, (Source: Google images)



- Hysteroscopy is considered the gold standard in assessing the uterine cavity for pathology
- Uterine factors are among causes of infertility and may constitute up to 5% of causes.<sup>1</sup>
- A Nigerian study found uterine factor in up to 30% of infertile women studied.<sup>2</sup>

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